

Second Draft

2010 *AfricaNeedsFreeJustice!*

www.AfricaNeedsFreeJustice.org

A Mobile Event and Intentional Community created for the Design, Collaboration and Implementation of Multicultural, Multimedia, Social Justice Projects and Groups. A Training Grounds and Theory-Meets-Action Camp for Social Justice Organizers And Those Who Desire To Become Social Justice Organizers.

**Brought to you by the
Fifth Annual International A World Beyond
Capitalism Conference Organizers [and many
other groups to be named later]**

**July 20th - August 20th, 2010
No One Will be Turned Away for Lack of Funds.**

About

"One must remember that in choosing the lesser of two evils, one still chooses evil."

--Hannah Arendt, Philosopher, Activist

Mission Statement

Peace, Equality and Solidarity. Although political protests give us the opportunity to unite our thoughts in opposition to the route which our governments are taking us, many of us all over the world have come to the realization that the lack of peace in the world and the problems that we see increasing every day have a foundation deeper than the Republicans, the Democrats, or a few select multinational corporations. What we face are institutionalized problems, problems which can only be confronted at the root, researched and solved by imaginative and broad based, non-violent social movements - not ballot boxes.

A Forum of Unparalleled Access and Outreach

Access, Horizontalism and Outreach. The Annual A World Beyond Capitalism began in 2005 and has always aimed at contributing to the process of Access, Horizontalism and outreach by providing a space for activists - to reflect on the importance of long term vision, strategy, face-to-face relationship building and the realization that a worldwide multi-racial struggle for true universal equality must pro-actively work to include all races and classes of people, differently abled people, and even those who do not speak English. We also seek to bring together and give voice to people working for a better world: a world of equality, a world of peace.

With this in mind, A World Beyond Capitalism is a conference that is now moving to the next level by organizing the AfricaNeedsFreeJustice Mobile Event and Intentional Community.

There has been so much talk about what kind of 'charity' third world countries and immigrants 'need.' But there is little talk about the need for self-empowering justice beyond capitalism and more capitalism. [At the end of this packet please see the articles listed under the 'Articles of Interest' section in regards to Haiti and Africa.]

AfricaNeedsFreeJustice is being organized with hopes of not replicating the style and approach of traditional conferences, which are often alienating and racially homogenized with little attempt to create outreach and universal accessibility to non-English speaking people and to the disabled people of our society. These segments of our society are often the most vulnerable populations victimized by the oppressive characteristics of capitalism. Rather, AfricaNeedsFreeJustice is an attempt to use outreach to create an inclusive gathering.

Our Vision

Those of us who have collectively worked together to make the 'AfricaNeedsFreeJustice' month long event and intentional community a reality share the vision below, one that we imagine is also shared by many who have agreed to participate, facilitate, present, translate, or involve themselves in some active way.

We envision a space in which all voices are heard, and see the concept of "horizontalism" as a goal and a tool. It implies directly democratic discussions where theory meets non-violent practice, seeing and hearing one another in our full humanity, and confronting the power hierarchies that we observe amongst ourselves. Given that we all still live under the shadow of capitalism and the consequences of how it affects our behavior and psyches, we know that it is necessary for us to put great amounts of energy and thought into structuring egalitarian and provocative conversations, ones in which all of our voices and ideas can thrive. This at times may mean putting aside our defensive egos which often may inadvertently defend our lifestyles of privilege. At some level, we all have privileges in the United States, and these privileges of our capitalistic society have been gained by exploiting millions of the most vulnerable people throughout the world.

Diverse Perspectives

All of us participating in the conference have various experiences and thoughts on all the topics being discussed, from those of us who have spent most of our adult lives contemplating a particular subject, to those of us who are now just thinking about certain things for the first time. There are those of us who are creating alternative energy in our communities, and those of us who are still very much in the dreaming and questioning stage.

We would greatly like for you to help us work towards the goal of education and peaceful, universal alliance building. The best event and intentional community is the one we build in solidarity. Bring a friend, offer housing or a ride, post flyers in your community, volunteer or just be imaginative!

Goals

"Once people understand the strength of non-violence - the force it generates, the love it creates, the response it brings from the total community - they will not easily abandon it."

--Cesar Chavez, Co-Founder of the United Farm Workers of America, Union Activist, Ethical Vegetarian, Philosopher, Activist

You have probably attended many meetings and conferences which speak about building Multi-racial alliances. Here are a few of the many ways in which conferences that you have attended in the past

greatly differ from **AfricaNeedsFreeJustice** Mobile Event and Intentional Community.

- We desire to help attendants not only discuss their ideas, but actually implement and get that idea started by the time they leave AfricaNeedsFreeJustice. That means we will build their websites, help create flyers, email lists, fundraising plans and so much more.
- We offer an event within an event. Why? Because we feel it is easier for people to learn how to organize an event... by actually helping to organize an event.
- We greatly welcome the help of not only face-to-face volunteers but also volunteers who can only help from out-of-state, or out of country who work-from-home with or without the internet.
- We intend to give people who attend the conference the option of placing contact information into a list which we will later transform into a free Alliance building directory.
- The directory will also have a list of the languages that each person or organization is able to speak so that even activists or groups that do not speak English can form new alliances.
- We acknowledge that lack of transportation is a race, class and gender issue. We desire to coordinate volunteers to drive to Native American reservations, migrant farm and labor camps, and other extremely low-income communities, to give a free ride, back and forth from the conference, to people living in those communities.
- To learn more about lack of transportation issues that face Native Americans, please read the American Indian Relief Council's resource information on obstacles to prenatal care.
- It is the goal of AfricaNeedsFreeJustice Mobile Event and Community that the workshops presenters are not members who are part of Corporate Front Groups. This is very important because there has been an incredible increase throughout the world of organizations and groups which are deceptively posing as social justice groups and they have increasingly been able to achieve the goals of their government and multinational corporate sponsors.

[To see a list of corporate front groups and corporate-backed groups please go [here](#). Go [here](#) to read about the international usage of corporate front groups in an *Australian Science* article titled 'ecological

double agents.' Or go to your local library and find a very detailed list of corporate front groups found in article written by *Co-op America* titled: 'Unmasking Corporate Front Groups: Will the Real Grassroots Groups Please Stand Up.']

We have many more innovative ideas to build real and lasting multi-racial alliances amongst people who are truly working for world peace. But we can only do it with your help. Volunteer or just make sure you come to the conference! The most important part of the AfricaNeedsFreeJustice Mobile Networking Event and Community.

Indigenous Elements of Educational Style

"Once people understand the strength of non-violence - the force it generates, the love it creates, the response it brings from the total community - they will not easily abandon it."

--Cesar Chavez, Co-Founder of the United Farm Workers of America, Union Activist, Ethical Vegetarian, Philosopher, Activist

The Second Annual International

ZMI REUNION

RADICAL MEDIA CONVERGENCE

www.radicalmediaconvergence.wordpress.com

Everyone is welcome to the Radical Media
Convergence July 23rd-July 25th, 2010.

No fees for anything.

This is just the First Draft. All workshops and meals are free at the RMC.

What started out as the
Z Media Institute Reunion
has now grown into the
Radical Media Convergence!
Everyone is welcome and
this is a free event.



This event will take place in several cities for people who can travel and this event will also take place online in our discussion forums for those who cannot travel.

The direct web address for the discussion forums is here: <http://tinyurl.com/mutualistproject>



Z Magazine is a radical activist Magazine published by the organizers of the Z Media Institute (ZMI). ZMI speakers have included Amy Goodman, Noam Chomsky and many more speakers from around the world. The ZMI 2007 alumni and members of the Mutualist Project are independently organizing the First International Reunion of ZMI Alumni, friends, family and members of the public interest in topic of creating a better world. Friends and family of Z magazine and Z Media Institute who have never attended ZMI are also very welcome to join us. Potluck food events, spontaneous radical workshops and/or open forum discussion are encouraged. It is being organized by several members of

the Mutualist project. The Mutualist project group came together at ZMI 2007. To see a photo of some of the Mutualist group in the Z Living room please go here:

<http://www.peacecommunities.org/5001.html>

The Mutualist project was created for many reasons and one of those reasons includes to create a network that networks people without a need for money, using mutual-aid in order to create a world that doesn't need money. Therefore it is very important for everyone to know that it is our strict desire that no money will be required by us, requested by us or accepted by us during this event. We ask that no one make any donation calls for this event on our behalf. It is our desire to be the change that we want to see in the world. Thanks. We initially planned a lot of activist events, but that changed. As Emma Goldman has said countless times... *"Fuck it, let's have fun...while networking for a better world!"* [Not her exact words.] :)

Many people have said Emma Goldman said *"If I can't dance, it's not my revolution!"* but her actual words were:

"I want freedom, the right to self-expression, everybody's right to beautiful, radiant things." Anarchism meant that to me, and I would live it in spite of the whole world--prisons, persecution, everything. Yes, even in spite of the condemnation of my own comrades I would live my beautiful ideal."

~Emma Goldman [Living My Life (New York: Knopf, 1934), p. 56]

Print out Emma Goldman's full book, found online here and read the quote in context:

<http://bit.ly/EmmaGoldman>

2010 Radical Media Convergence,

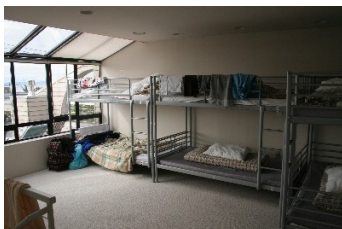
"Step Outta This Rat Race" Schedule:

Friday, 23 July 2010

- **EVENT: Check-In Time at the Hostel**

Friday, July 23, 2010

2:00pm–4:00pm



- **EVENT: [Seattle] Dinner and Informal Networking and Radical Media Convergence**

Attendants Introduction Activities regarding Media Empowerment.

Friday, July 23, 2010

4:00pm–7:00pm

- **OPTIONAL EVENT: [Seattle] Tour of the Emma Goldman Finishing School**

Friday, July 23, 2010

7:00pm–11:00pm – See <http://egfs.org>

Saturday, 24 July 2010

- **EVENT: Collaborative Event**

Saturday, July 24, 2010

9:00am–11:00am

- **EVENT: Radical Media Convergence Community Webraising Technology Training Center**

Saturday, July 24, 2010

12:15pm–5:00pm

12:15pm Pre-event team open facility, set out signs, tables, chairs, hardware, sign-in sheets, contact info forms, other materials

12:25pm Check out readiness of computers/network, camera, scanner...

12:30pm First shift developers, other webraising volunteers arrive verify and/or install software: webtools, browsers, etc. Review resources and day's agenda. Offer pastries and coffee.

1:00pm First group clients arrive - INTRODUCTION and WELCOME by Radical Media Convergence. People introduced, process described, restrooms located, etc.

3:00pm Second event attendants arrive – welcomed and paired with mentors. Snacks offered and set out on refreshment table

4:30pm Webraising adjourns; begin cleanup as last event attendants finish work

- **EVENT: Sunset Sail**

Saturday, July 24, 2010

From 6:00pm–7:00pm [Seattle, WA]

From Pier 54 on Seattle's Central Waterfront, go for a 2.5 hour long sunset sail in Elliott Bay. The departure time changes due to changes in sunset, but are generally between 6 pm and 7 pm daily.

The Sailboat that we will ride on will be the Obsession or Neptune's Car, both of which are 70 foot Sailboats. I talked to the folks over there and they don't take reservations until a week before Sailing and



that is when they choose which boat to use. The boat will sail around an island and back. To the right is Neptune's Car.

Sunday, 25 July 2010

- **EVENT: ISeattle, WA| Introduction to the Collective**
Sunday, July 25, 2010
9:00am–11am
- **EVENT: ISeattle, WA| Networking and Participatory Society Open Forum**
Sunday, July 25, 2010
11:30am–1:00pm
Presented by Joel Isaacs, Z Media Institute Alumni from Los Angeles, California
- **EVENT: “Step Outta This Rat Race” Recording Session.**
Sunday, July 25th, 2010
2pm–5pm at Avast Professional Recording Studio, Seattle.

Back in April 2010, when planning this event, Jennifer Olivares, Member of the Mutualist Project, and a ZMI 2007 Alumni, stated one of the reasons that is coming to the 2010 ZMI Reunion and Radical Media Convergence is to “Step Outta This Rat Race.” We realized that is common desire with many of us. So we are having a “Step Outta This Rat Race” recording Session. A chance for Solidarity in Spoken word, Audio and Music For a Better World. In order to maintain our educational independence in this work, we ask that there is no promotion of politicians, legislation, multinational corporations or government groups during this Professional Studio Recording Session. Each person gets 30 seconds to record their thoughts or non-instrumental music and it will be made copyleft to be transformed into many forms of collaborations later.



Avast Recording Studio has worked with the following bands and groups:

Soundgarden	The Divorce	Sleater-Kinney	Vendetta Red
Band Of Gypsies	The Posies	Murder City Devils	Richard Peterson
Tori Amos	Tuatarā	Big Business	Queens Of The
Taj Mahal	Wayne Horvitz	Modest Mouse	Stone Age
Death Cab for	Robin Holcomb	Unwound	
Cutie	The Brothers Four	Cat Power	
Blues Traveler	Deems Tsudakawa	Smooch	Warner Bros
Evanescence	Mudhoney	Luke Temple	Universal
The Supersuckers	The Shins	Jessica Dobson	Island Records
Maktub	Built To Spill	Larry Coryell	American Recordings
Minus The Bear	Band of Horses	Heliotroupe	Sub Pop
The Dodos	Silkworm	Wellwater Conspiracy	Up Records

Kill Rock Stars
Timebomb Records
Pattern 25 Records
Tooth and Nail
Records
Atlantic Records
Epic Records

KPLU School of Jazz
Total Experience
Gospel Choir
Garfield HS
Roosevelt HS
Shorewood HS

Shoreline Community

College
Snohomish HS
Mountlake Terrace HS
Edmonds Community
College
The Washingtonians
Seattle Men's Chorus

Dare Devil
Icons Among Us
The Gift
Hype
Basketball Diaries
The Cable Guy
The Sisters

- **EVENT: [Seattle] Last night's Celebration Dinner at Buffet**
Sunday, July 25, 2010
6:00pm-8:00pm

OTHER EVENTS

The late night Sunday Schedule as well as a few other time slots are not planned yet and it may be spontaneous! :)

“We should incorporate some kind of networking session with a focus on the groups we have all been involved in since Z...brainstorming about ideas for the future—ways to stay connected etc. Perhaps we can plan a picnic event or something nearby the house...Frisbee, football, beers and laughs?? I really want our time together to not only be fun but to also be productive in furthering our goals as a community! We have already had some great successes in the past working together and I want to add to that!” - Lacey, Member of the Mutualist Project, and a ZMI 2007 Alumni

Monday, 26 July 2010

- **EVENT: Check-out Time at the Hostel**
Monday, July 26, 2010
Before 11:00am

Everyone must check out of the hostel by 11am on Monday, July 26, 2010. Thanks for coming! :)



The Second Annual International

RADICAL MEDIA CONVERGENCE

The Peace Communities Discussion Forum for the Radical Media Convergence is found here:

<http://www.bit.ly/mutualist> or simply go to www.PeaceCommunities.org

click on 'Online Community' and then the 'Mutualist Project and the West Coast Meet Up' discussion forum.



1994 session on revolution



Faculty member Amy Goodman
giving an evening talk



ZMI Class of 2001



ZMI Class of 2003

To find the official website for the Radical Media Convergence simply go to www.PeaceCommunities.org and click on 'ZMI Reunion' or 'Radical Media Convergence'

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Friday 23 July 2010	2:00pm–4:00pm	Check-in Time at the Hostel	Seattle, WA
	4:00pm–7:00pm	Dinner and Informal Networking and Radical Media Convergence Attendants Introduction Activities Regarding Media Empowerment	Seattle, WA
	7:00pm–11:00pm	OPTIONAL EVENT: [Seattle] Tour of the Emma Goldman Finishing School Friday, July 23, 2010 7:00pm–11:00pm – See http://egfs.org	North Beacon Hill Seattle, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]

Day	Time	What	Address
Saturday 24 July 2010	9:00am– 11:00am	<p>Free Yoga in the Park, 10–11 am , Gates Amphitheater. FREE drop-in outdoor yoga with fantastic instructors from 8 Limbs Yoga. Bring your own mat, water and any needed supplies. Note: No yoga will be offered in case of inclement weather. Event found here.</p> <p>Voted Best Yoga by CitySearch, Seattle Magazine, Seattle Metropolitan Magazine, Seattle Weekly: <i>8 Limbs is where a local yogi can have a meaningful practice without feeling as if they have to join an ashram or be fully outfitted in Lululemon accessories. Teachers make yoga approachable for the novice and plenty challenging for the pretzel-bodied.</i></p> <p>- Seattle Weekly Reader's Choice Award 2009, For more information about a special event, contact the Capitol Hill 8 Limbs Yoga Centers</p>	Seattle, WA
	12:15pm– 5:00pm	Radical Media Convergence Community Webraising Technology Training Center	Seattle, WA
	6:00pm–9:00pm	Sunset Sail	Seattle, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Sunday 25 July 2010	9:00am– 11:00am	Introduction to the Collective	Seattle, WA
	11:30am– 1:00pm	Networking and Participatory Society Open Forum	Seattle, WA
	2:00pm–5:00pm	“Step Outta This Rat Race” Recording Session	Avast Record- ing Studios Seattle, WA
	6:00pm–	Last Night’s Celebration Dinner	Seattle, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Monday 26 July 2010	<i>Before 11:00am</i>	Check-out Time at the Hostel	Seattle, WA
	<i>2:00pm–4:00pm</i>	Check-in Time at the Olympia Housing for all Africa Needs Free Justice (A World Beyond Capitalism Conference) Organizers	Olympia, WA
	<i>4:00pm–7:00pm</i>	Dinner and Informal Networking with the Olympia hosts and activist	Olympia, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Tuesday 27 July 2010	7:00pm– 11:00pm	OPTIONAL: Yoga. Time to Unwind.	Olympia, WA
	9:00am– 11:00am	Collaborative Breakfast	Olympia, WA
	12:15pm– 5:00pm	Radical Media Convergence Community Webraising Technology Training	Olympia, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Wednesday 28 July 2010	6:00pm–9:00pm	Sunset Sail	Olympia, WA
	9:00am–11:00am	Collaborative Breakfast	Olympia, WA
	11:30am–1:00pm	Networking and Participatory Society Open Forum	Olympia, WA
	2:00pm–5:00pm	“Step Outta This Rat Race” Recording Session Rehearsal	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Thursday 30 July 2010	6:00pm–	Dinner	Olympia, WA
	10am-5pm (with an hour for lunch)	Group film project collaboration day	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Friday 30 July 2010	2:00pm–4:00pm	Workshops with various members of the community	Olympia, WA
	4:00pm–7:00pm	Dinner and Informal Networking with the Olympia hosts and activist	Olympia, WA
	7:00pm–11:00pm	<p>OPTIONAL July 30: PDX Pop Now! is a volunteer-driven nonprofit organization dedicated to celebrating, promoting, and enhancing Portland’s vital and diverse music community. We also strive to connect this community, in various ways, to the public. Begun in 2004 in true DIY fashion by a dozen or so members of the PDX-POP mailing list, the group has produced three music compilations and FREE, ALL AGES multi-day music festivals, to which The Shins, The Thermals, Sleater-Kinney, The Decemberists, Viva Voce, Stephen Malkmus, Lifesavas, Quasi, M. Ward, Menomena, The Blow, Mirah, Talkdemonic, The Gossip, Helio Sequence, and dozens more Portland artists – nationally-heralded and little-known alike – contributed recordings or performances. The PDX Pop Now! festivals – which have provided the public the opportunity to see up to 50 of Portland’s finest bands in one safe venue -have drawn audiences in the thousands. The compilations have generated considerable play from local FM radio and have sold thousands of combined copies, mostly through local independent record stores, and helped fund the festivals. Artists, businesses, and individual volunteers all donated the time and resources to produce our stellar grassroots events throughout the year.</p> <p>and/or</p> <p>Critical Mass Bike Ride: http://en.wikipedia.org/wiki/Critical_Mass</p>	Portland, or
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

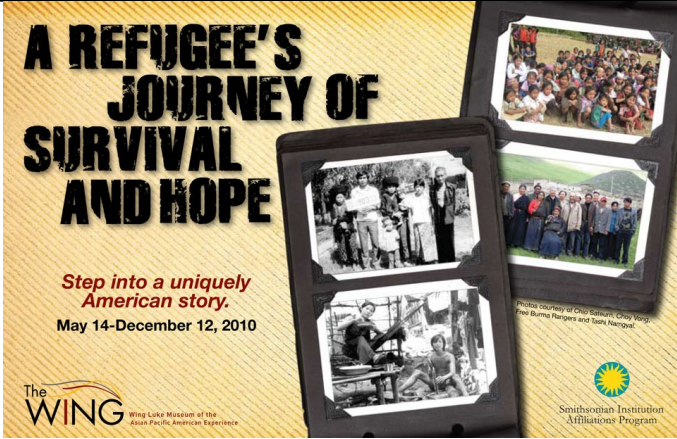
<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Saturday 31 July 2010	9:00am–10:00am	Collaborative Breakfast	Olympia, WA
	12:15pm–5:00pm	SATURDAY, JULY 31 , at Lincoln Park in Seattle; the 3rd annual BURMESE REFUGEE PICNIC with hundreds of recently arrived refugees, great food, tons of games for the kids, lots of volunteer opportunities. More info will be at http://www.allburmarefugees.org	Seattle, WA
	6:00pm–9:00pm	Group film project collaboration day	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Sunday 1 Aug 2010		Rest or Independent Community Projects	Olympia, WA Or Seattle, WA or Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Monday 2 Aug 2010	11:30am– 1:00pm	Multicultural Outreach Into Local Communities	Olympia, WA
	2:00pm–5:00pm	“Step Outta This Rat Race” Recording Session	Olympia, WA
	6:00pm–	Dinner	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Tuesday 3 Aug 2010	10am-5pm (with an hour for lunch)	Group film project collaboration day	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Wednesday 4 Aug 2010	9:00am– 10:00am	Collaborative Breakfast	Olympia, WA
	10am-5pm (with an hour for lunch)	Group film project collaboration day	Olympia, WA
	6:00pm–9:00pm	Sunset Sail	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

Day	Time	What	Address
Thursday 5 Aug 2010	9:00am–11:00am	Collaborative Breakfast	Seattle, WA
	11:30am–1:00pm	Travel to Seattle from Olympia	Seattle, WA
	1:00pm–5:00pm	 <p>See life through the eyes of a refugee through personal stories, moving photographs and multimedia. Hear first-hand accounts of how refugees survived war, violence and oppression with hopes for a better future for their families.</p> <p>The Wing Luke Museum of the Asian Pacific American Experience is dedicated to immersing people in uniquely-American stories of survival, success, struggle, conflict, compassion and hope. The Museum is in the heart of Seattle's vibrant Chinatown-International District, and includes the very hotel where countless immigrants first found a home, a meal and refuge. As our nation's only museum devoted to the Asian Pacific American experience, it's one of the few places that can truly give you a new perspective on what it means to be American. The Wing is a Smithsonian Affiliate, a partnership with the Smithsonian Institution.</p>	Seattle, WA
	6:00pm	Dinner	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.'	[location]
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<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Friday 6 Aug 2010	10am-5pm (with an hour for lunch)	Group film project collaboration day	Seattle, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.'	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.'	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>	
Saturday 7 Aug 2010	9:00am– 11:00am	Collaborative Breakfast		
	2:00pm– 5:00pm	<p>**SAT AUG 7, 4:30 pm at St. Demetrios Church, 2100 Boyer Avenue East, Montlake neighborhood, Seattle; Community Alliance for GLOBAL JUSTICE's 4th annual dinner and fundraiser, STRENGTHENING LOCAL ECONOMIES Everywhere. Ben Burkett will join us as keynote speaker, on the topic 'Globalize Hope! Globalize Struggle! Connecting US and African Farmers for Food Sovereignty.' Burkett is a 4th generation Mississippi farmer, President of National Family Farm Coalition and active in La Via Campesina, the international movement of peasants struggling for food sovereignty. Happy Hour 4:30 with live music, hors d'oeuvres, a Silent Auction. Dinner 6 - 9. Dancing 9 - 11 pm. Celebrate the global food revolution with African music and dancing! \$35 regular admission and \$60 Support a Farmer/Foodworker: buy a ticket for yourself and enable one Farmer or Food worker to attend the dinner as an honored guest! This is CAGJ's only fundraiser of the year. Volunteers get in for free. CAGJ strives to make our events accessible, and does so by offering the vast majority of our programs for free all year long. If you are interested in being part of our team, please contact Basil and Michelle at volunteer@seattleglobaljustice.org, All volunteers at the dinner will enjoy the delicious meal served to our guests together at 9pm (after the program ends). We also have a limited number of Volunteer-ships Available: If you are able to work up to 6 hours before the dinner, you will receive a free ticket to the event, without having to work during the dinner. These will be offered on a first come first serve basis. If you are interested, please contact Michelle at conkmich@gmail.com, Tickets go on sale now. (</p>		
	6:00pm–	Last Night's Celebration Dinner		
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>	
Sunday 8 Aug 2010		Rest or Independent Community Projects		
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	
<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>	
Monday 9 Aug 2010	2:00pm–4:00pm	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	Olympia, WA	
	4:00pm–7:00pm	Dinner and Informal Networking with the Olympia hosts and activist	Olympia, WA	
	7:00pm–11:00pm	OPTIONAL: Yoga. Time to Unwind.	Olympia, WA	
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]	

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
<i>Tuesday 10 Aug 2010</i>	<i>9:00am– 10:00am</i>	Collaborative Breakfast	Olympia, WA
	<i>10am-5pm (with an hour for lunch)</i>	Group film project collaboration day	Olympia, WA
	<i>6:00pm–9:00pm</i>	Sunset Sail	Olympia, WA
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Wednesday 11 Aug 2010	9:00am– 11:00am	Collaborative Breakfast	Olympia, WA
	11:30am– 1:00pm	Travel to Seattle from Olympia	Seattle, WA
	1:00pm–5:00pm	Workshops	Seattle, WA
	6:00pm	Dinner	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Thursday 12 Aug 2010	10am-5pm (with an hour for lunch)	Group film project collaboration day	Olympia, WA

	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

Day	Time	What	Address
Friday 13 Aug 2010 Through Thursday 20 Aug 2010	[Time]	From Friday August 13th, 2010 through Thursday August 19th, 2010 Students also have their choice of the below Yoga classes in addition to many of the other workshops taking place in the schedule below.	Olympia, WA
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]

From August 13th, 2010 through August 19th, 2010 Students Have the additional Option of the Following Yoga Classes.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Hatha Yoga - 6:30-8am	Vinyasa Yoga - 6:30-8am	Hatha Yoga - 6:30-8am	Vinyasa Yoga - 6:30-8am	Hatha Yoga - 6:30-8am		
Hatha Yoga - 9-10:30am	Vinyasa Yoga - 9-10:30am	Hatha Yoga - 9-10:30am	Vinyasa Yoga - 9-10:30am	Hatha Yoga - 9-10:30am	Hatha Yoga - 9-10:30am	
			Neo-Beg 1 - 10:30-11:30am		Neo-Beg 1- 11am-noon	
			Neo-Beg 2 - 11:40-12:40am		Neo-Beg 2- noon-1pm	
		SEEDs - 4-6pm	SEEDs - 4-6pm		Turkish -Int 1-2pm	
					Tribal Jam! 2-3pm	
	Hatha Yoga - 5:30-7pm	Vinyasa Yoga- 5:30-7pm	Hatha Yoga - 5:30-7pm			
	Neo-Beg 1-6-7pm					
Neo-Int -7-8pm	Neo-Beg 2 -7-8pm	Tribal Combos - 7-8pm	Neo-Beg 1 - 7-8pm			Egypt Cab Adv 5-6:30pm
			Egypt Cab Int -6:20-7:50pm			
Mandala Rehearse	Egypt Cab Beg 2 -8-9pm		Egypt Cab Beg 1 -8-9pm			

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Friday 13 Aug 2010	2:00pm–4:00pm	Check-in Time at Portland Housing for all Africa Needs Free Justice (A World Beyond Capitalism Conference) Attendants	Portland, OR
	4:00pm–7:00pm	Dinner and Informal Networking with the Olympia hosts and activist	Portland, OR
	7:00pm–11:00pm	OPTIONAL: Yoga. Time to Unwind.	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']]	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']]	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Saturday 14 Aug 2010	9:00am– 11:00am	Collaborative Breakfast	Portland, OR
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]



<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Saturday 14 Aug 2010	12:15pm– 5:00pm	Radical Media Convergence Community Webraising Technology Training	Portland, OR
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]


Sunday 15 Aug 2010	6:00pm–9:00pm	<p>Hip-Hop classes for all ages</p> <p>HIP HOP: The class introduces the street dance styles from the Bronx and beyond. Fresh, funky and soulful expression of movement that is constantly evolving. A great and fun work out for all dance enthusiasts. Level: All</p> <p>Instructors: One of Portland's most popular Hip Hop dance teachers</p> <p>This class will be facilitated by one of Portland's most popular Hip Hop dance teachers. She teaches an enticing combination of dance moves with her own signature style. She has taught Hip Hop in the Portland Metro area for over twenty years. She has performed and collaborated with Michael Curry in his production of "Spirits," and with James Canfield, founding Oregon Ballet Theatre Artistic Director, in his world premiere of "CQ (Charmed Quark)" at the American Choreographers Showcase and the Joyce Theater in New York City. She is also involved in local community outreach programs introducing disadvantaged youth to the benefits of dance. She is truly a wonderful and talented instructor who is committed to bringing Hip Hop dance to the masses.</p> <p>and/or</p> <p>www.brodytheater.com - Diabolical Experiments</p> <p>Sundays 7:00pm </p> <p>Brody Theater's weekly Sunday improv jam!</p> <p>just \$5 at the door!</p>	Portland, OR
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]
	<i>[Time]</i>	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']}	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Monday 16 Aug 2010	9:00am– 11:00am	Breakfast	Portland, OR
	11:30am– 1:00pm	Networking and Participatory Society Open Forum	Portland, OR
	2:00pm–5:00pm	“Step Outta This Rat Race” Recording Session Rehearsal	Portland, OR
	6:00pm–	Dinner	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Tuesday 17 Aug 2010	10am-5pm (with an hour for lunch)	Check-out of Evergreen College Dorm	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Wednesday 18 Aug 2010	10am–4:00pm	Workshops	Portland, OR
	5:00pm– 7:00pm or 12:00pm– 1:00pm	<p>Portland Center for the Performing Arts/ Art Bar presents Music on Main Street: Dr. Theopolis FREE!</p> <p>Dr. Theopolis has perfected the art of lighthearted, funky fun. Their songs blend old school hip-hop with Ohio Players or Average White Band-styled funk, with a little bit of the showmanship and sound of Parliament Funk. Music on Main Street is a free event and tickets are not needed</p> <p>OR</p> <p>See August 18th: Mistral (Village music of Atlantic Europe) from 12noon-1pm</p> <p>Location:<u>Portland Center for the Performing Arts (PCPA)</u> 1111 SW Broadway Portland, OR 97205 This show runs concurrently with the Portland Farmers Market.</p>	Portland, OR
	7:00pm– 11:00pm	OPTIONAL: Yoga. Time to Unwind.	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

Day	Time	What	Address
Thursday 19 Aug 2010	9:00am- 10:00am	Collaborative Breakfast	Portland, OR
	10:15pm- 5:00pm	<p>From 10am through 5pm we will visit the below activist movements:</p>  <p>We will visit at least three of the below activist movements in Portland, Oregon: Dignity Village < www.dignityvillage.org > , Sisters of the Road < www.sistersoftheroad.org > or Tryon Farm < www.tryonfarm.org >.</p> <p>Photo of Tryon Farm →</p>  <p>There are several other radical activist organizations.</p>	Portland, OR
	6:00pm- 9:00pm	Dinner and Watching The Group Film Collaborations Together.	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.')	[location]

Day	Time	What	Address
Friday 20 Aug 2010	6:00pm– 8:00pm	 <p><i>"In here there are no strangers . . . Sisters Of The Road . . . just friends we've never met."</i></p> <p>www.SisterOfTheRoad.org</p> <p>Location: Sisters of the Road, Skid Row Downtown Area of Portland, OR Fri, August 20, 3pm – 5pm WherePC Meeting Room (map) Description This is a Civic Action Group work group working on creating and implementing activities related to engaging our community in the cafe with events such as movie nights.</p> <p>Watch a 12-minute video about Sisters of the Road, The Invisible Community. Please note you will need Quicktime or other video software to view this video.</p> <p>www.sistersoftheroad.org/video/sisters_full_768k.mov</p> <p>6pm-8pm. Last Nights Dinner Celebration and Indigenous Closing Activities.</p>	Portland, OR
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]

<i>Day</i>	<i>Time</i>	<i>What</i>	<i>Address</i>
Saturday 21 Aug 2010	11:30am– 1:00pm	Check-out of Portland, Oregon Housing	Portland, OR
		<p>End of the 2010 “AfricaNeedsFreeJustice!” www.AfricaNeedsFreeJustice.Wordpress.com</p> <p>A Mobile Event and Intentional Community created for the Design, Collaboration and Implementation of Multicultural, Multimedia, Social Justice Projects and Groups. A Training Grounds and Theory-Meets-Action Camp for Social Justice Organizers And Those Who Desire To Become Social Justice Organizers.</p> <p>Brought to you by the Fifth Annual A World Beyond Capitalism Conference Organ- izers</p> <p>July 20th-August 20th, 2010</p> <p>No One Will be Turned Away for Lack of Funds.</p>	
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]
	[Time]	[Insert Your Customized Event or Workshop Here. See list of topics at www.aworldbeyondcapitalism.org click on 'schedule.']	[location]

One-Day Classes:

Introductory sampler workshops: Tuesday June 22 7:00-9:00 PM. The May edition of this class sold out, so enroll early! A one-time workshop for the beginner. Want to test the water, but not ready or able to take a full course? Try this fun 2 hours of improv games and exercises. \$30. Call or email to reserve a spot, or enroll online.

All classes meet at the Brody Theater, 16 NW Broadway in downtown Portland

Enroll, pay, and get more class info at <http://www.brodytheater.com>

503-224-2227



This is just an Example of Improv Usage:

'Testimony: Equality on Trial'

What if a historic trial happened and no one could see it? In 2010, TV cameras were banned from the Proposition 8 trial (Perry vs. Schwarzenegger). The Testimony Project is focused on getting the word out about what went on in that trial. The Brody will host a Testimony event for Pride weekend. Performers read material from the court transcripts, & improvise scenes based on the situations and themes of this controversial trial. It promises to be a fun, moving and enlightening event.

25% of ticket sales will be donated to Basic Rights Oregon [Wikipedia: “*Basic Rights Oregon* is the largest non-profit gay rights organization in the U.S. state of Oregon. Based in Portland, its mission is to "end discrimination.."”]

Wikipedia: (Kristin M. Perry v. Arnold Schwarzenegger is a case (currently in U.S. District Court) challenging the constitutional validity of California's Proposition 8. Proposition 8 is an amendment to the California State Constitution that prohibits the state from recognizing same-sex marriages performed on or after November 4, 2008. It does not affect same-sex marriages entered into before that date. It was adopted as a ballot initiative in 2008. The plaintiffs in Perry seek to have the federal courts strike down Proposition 8 as contrary to the 14th Amendment's guarantee to equal protection. The case is widely regarded as a landmark case that will reach the Supreme Court.)

Example: Doomed to Repeat It

If you didn't catch last year's history-inspired hit, here's your chance to learn from your mistake. “Doomed” is back. This unique show is an improvised romp through a historical event or era chosen by the audience. This week's topic: The McCarthy era and '50s red scare.

Self Guided African American Multicultural Tours of Portland

Self-Guided Tour: Downtown, Northeast and Greater Portland

- [Upper Martin Luther King Jr. Boulevard](#)
- [North Williams Avenue](#)
- [Northeast Alberta Street](#)
- [Northeast MLK Jr. Boulevard](#)
- [and Killingsworth Street](#)

Downtown/Oregon Convention Center

Begin your tour downtown at Pioneer Courthouse Square and use public transportation to visit most of the sites. Pick up a transit map and day pass at the [TriMet](#) office underneath the fountain in [Pioneer Courthouse Square](#) (503.962.4848). The day pass can be used on all TriMet buses, the Vintage Trolley and MAX, Portland's light rail system.

Pioneer Courthouse Square (TriMet buses) [map #1](#)

701 S.W. Sixth Ave.

(503.223.1613)

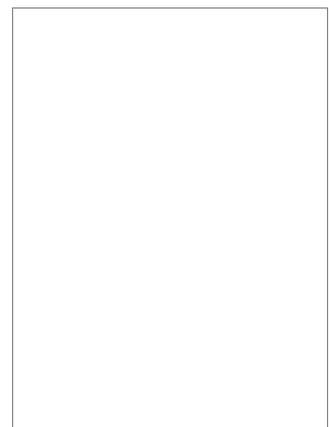
Just a few vestiges (a wrought iron gate and fence on the eastern edge of the square) remain of the grand Portland Hotel that stood on this site from 1890 to 1951. The hotel's owner, railroad magnate Henry Villard, hired 75 black hotel workers from North and South Carolina and Georgia to work as waiters, barbers and bellmen. Because their relatively high wages allowed them to buy homes and businesses of their own, these men were the creators of a black middle class in Portland.

Union Station (TriMet buses) [map #2](#)

800 N.W. Sixth Ave.

(503.273.4865)

The 1896 train depot was the focal point of the African-American community because so many held jobs as Pullman porters, Red Caps, cooks, waiters and shop laborers. By 1941, about 98 percent of the approximately 2,000 black residents in the city were railroad employees.



Until the late 1920s, African-American homes, businesses and churches were clustered around Union Station.

Golden West Hotel (TriMet #77) [map #3](#)

717 N.W. Everett St.

(503.274.9815)

Until Oregon's public accommodations law was passed in 1953, this was the only hotel in Portland catering to African Americans. Built in 1906 for railroad men away from home, it soon became a social center, especially on Sunday afternoons. With the Mt. Olivet Baptist Church just across the street, the hotel drew churchgoers to its restaurant, billiards room, ice cream parlor and candy shop. There was a thriving saloon, too. The barber shop was operated from 1913 to 1930 by Waldo Bogle. Closed during the Depression, the hotel now serves the homeless mentally ill. Interpretive historical displays are on either side of the entrance.

The Dream monument to Martin Luther King Jr.

(eastside MAX to Oregon Convention Center Station; TriMet #6) [map #4](#)

Oregon Convention Center

777 N.E. MLK Jr. Blvd.

(503.235.7575)

At the south end of the Oregon Convention Center is a memorial to Dr. Martin Luther King Jr., who received the Nobel Peace Prize in 1964. The brass scene depicting King with a child, a worker and an immigrant, was sculpted by Michael Florin Dente and dedicated August 28, 1998, exactly 35 years after King delivered his "I Have a Dream" speech at the Lincoln Memorial. (see [photo](#))



Upper Martin Luther King Jr. Boulevard

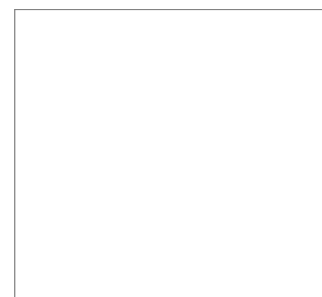
Take TriMet bus #6 to reach locations in this area, known as Albina. Until 1891 a separate city, Albina has been the city's principal African-American neighborhood since the 1930s.

Doris' Cafe [map #5](#)

325 N.E. Russell St.

(503.287.9249)

Doris' is a community landmark, the place to see and be seen—and on top of all that, a great place to eat. In a pleasing atmosphere of hardwood floors, high ceilings and windows, tie on a bib and enjoy barbecue and a delectable variety of sides. (see [Soul Food](#))



Gladys Sims McCoy Memorial Park [map #7](#)

2700 N.E. MLK Jr. Blvd.

The life of a dedicated community activist and public servant is commemorated at this public garden. The park was built by the neighboring **American State Bank** (503.282.2216), the oldest (1969) privately owned African-American bank in Portland. **Albina Community Bank**, founded in 1995, is at 2002 N.E. MLK Jr. Blvd. (503.287.7537).

Standard Dairy [map #8](#)

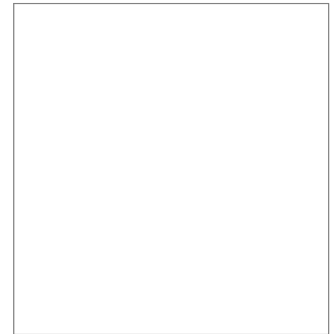
2808 N.E. MLK Jr. Blvd.

(503.309.7017)

Here is a true business community: the owners of the businesses contained in this copper and green steel-sided complex live in upper-level apartments. The renovated dairy is home to several African-American businesses: **Vessels & Co.**, selling tableware and home accents; **Sheba House of Elegance**, selling ethnic clothing; **World Village/Diana's Boutique and Home Accent Gallery**, selling ethnic clothing and household items; and **Brown Sugar & Spice Talent Management**, representing talent of ethnic diversity.

North Williams Avenue

Beginning in the 1930s, black community life centered on and around "The Avenue," Williams Avenue. This was where the action was, for both music and socializing. From about 1943 to 1958 the Avenue was hopping with bebop and jazz clubs. Take TriMet buses #4 and 40 to reach these sites.



Matt Dishman Community Center [map #10](#)

77 N.E. Knott St.

(503.823.3165)

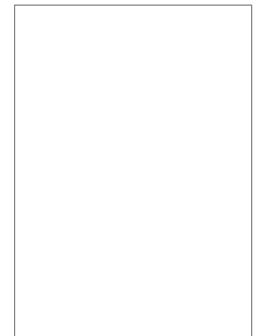
This public recreation center has a large swimming pool and boxing gym and is home to the internationally acclaimed Northwest Afrikan American Ballet.

Unthank Park [map #11](#)

510 N. Shaver

(503.823.2223)

This Portland city park honors the memory of Dr. DeNorval Unthank, who, after facing housing and office discrimination when he opened his medical practice here 1930, became an ardent activist for civil rights. He co-founded the Portland Urban League and served as president of the Portland chapter of the NAACP.



in

Northeast Alberta Street

Alberta Street is experiencing a renaissance. Galleries, coffeehouses, community organizations and businesses line the street from MLK Jr. Boulevard to 30th Avenue. On the last Thursday of each month about 20 businesses host the "Art on Alberta" walk from 6-9 p.m. This after-hours event features artwork on display, meet-and-greet sessions with the artists, refreshments and music. Ride TriMet bus #72 to Alberta Street, then pick up an Artwalk map from participating galleries or businesses, or log on: artonalberta.com.

"Our Dream" and Matrix Galleries [map #12](#)

2209 N.E. Alberta St.

(503.288.3024)

Features contemporary and African-American fine art.

Terrell Brandon's Barbershop & Tee Bee's Place [map #14](#)

1330 N.E. Alberta St.

(503.460.0348)

It's the place for haircuts and hip-hop wear.

Roslyn's Garden Coffee House and Shades of Color Gallery [map #15](#)

1438 N.E. Alberta St.

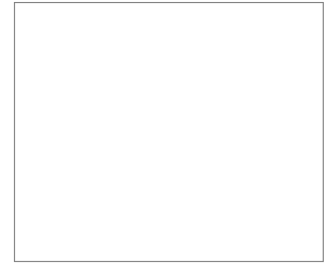
(503.288-8652)

Open bright and early every day but Sunday, Roslyn's soothes the soul with coffee and art.

[return to top](#)

Northeast MLK Jr. Boulevard and Killingsworth Street

Look for outstanding art at this corner, considered to be the heart of the African-American community. Noted artist Adriene Cruz, who also designed the street banners along MLK Boulevard, painted the building housing the **Northwest Health Center** [map #16](#) (5320 N.E. MLK Jr. Blvd.). The building across the street, on the southeast corner, features colorful tiles of mythical creatures created by Baba Wague Diakite, a local artist from Mali. Inside the **Northeast Portland Community Police Facility** (449 N.E. Emerson St.) is Children of Humanity, a mural painted by the late artist Charlotte Lewis. You can reach this intersection on TriMet bus #6.



The **Walnut Park Retail Center**, on the southeast corner, is home to a number of popular businesses. There's also **Reflections Coffee & Bookstore** [map #17](#), 446 N.E. Killingsworth St. (503.288.6942), with rows of Afro-centric non-fiction books and novels, gifts and cards. The store hosts art exhibits, literary readings and a book club. An open door leads to the delectable smells wafting from **Mother Dear's Tasty Pastries**, 438 N.E. Killingsworth (503.287.7655), renowned for its cobblers and pies, especially sweet potato pie.

The Best of All Worlds

424 N.E. Killingsworth St.

(503.460.9070)

Sells ethnic clothing, home décor and gifts.

Geneva's Shear Perfection Barber & Beauty Salon [map #18](#) (TriMet bus #6)

5601 N.E. MLK Jr. Blvd.

(503.285.1159)

A hair salon, this establishment is considered "local news central."

History: African Americans in Oregon

The history of the first known African American to set foot in Oregon is a brief one. Marcus Lopez, a cabin boy on Capt. Robert Gray's ship Lady Washington, was killed by Indians with other shipmates near Tillamook in 1788. But tales of York, Capt. William Clark's slave, who accompanied the 1804-6 Lewis & Clark Expedition, were told for years by Indian tribes who encountered and admired him.



Columbus Sewell, Pioneer, ca.1862

Today's African-American community in Portland dates back to the beginnings of the transcontinental railroad. Many black workers made Portland their home in order to have access to Union Station and jobs on the railroad.

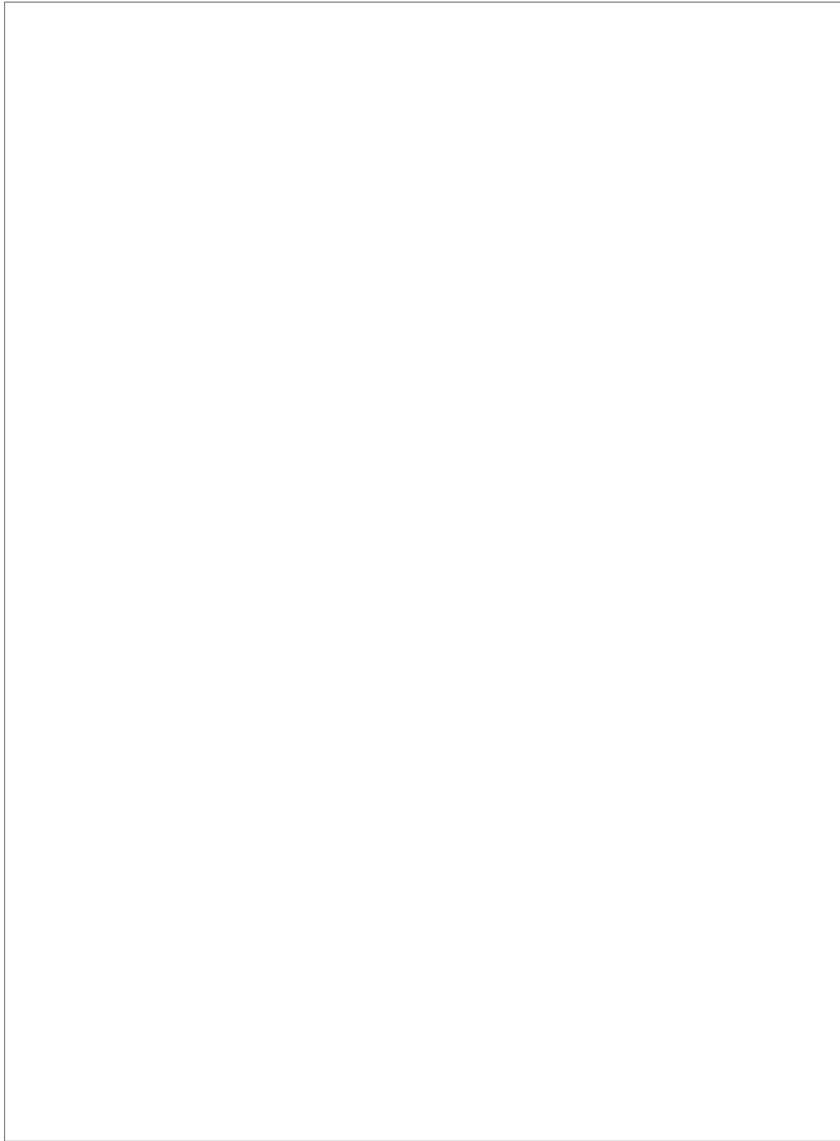
When the Portland Hotel opened in 1890, the workers brought here from the South earned wages high enough to buy homes and start their own businesses. This was the beginning of the black middle class in Portland. In 1927, a bellboy at the Portland Hotel, Wyatt Williams, became one of the first black lawyers admitted to the Oregon State Bar. Eventually promoted to bell captain, he continued to work at the hotel while practicing law on the side.

World War II brought a great influx of African Americans to Portland. Thousands worked in the shipyards and lived at Vanport, a wartime housing project that was destroyed by flood in 1948. (See: [Did You Know.....](#))



Vanport City Vacation School

Local members of the NAACP, the Urban League and other organizations fought tirelessly for civil rights. Their efforts brought about the removal of discriminatory laws that had been on the books in Oregon since pioneer days.

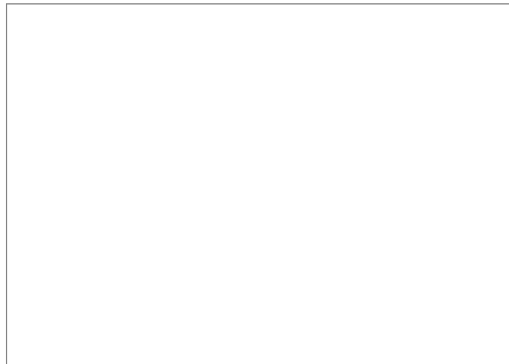


Self Guided Chinatown Tours of Portland

Self-Guided Walking Tour and Restaurants: Chinatown

Begin at the Chinatown Gateway at N.W. Fourth Avenue and Burnside Street. Allow at least 45 minutes for a leisurely visit.

Chinatown Gateway (N.W. Fourth Avenue & Burnside Street) Chinatown's Gateway commemorates more than 135 years of Chinese history in Oregon. The stately structure was assembled, jigsaw puzzle-style, by artisans from Taiwan. Seventy-eight dragons and 58 mythical characters adorn the ornate Chinatown Gateway. Chinese characters gracing the gateway's south side announce "Portland Chinatown," while those on the north side read, "Four Seas, One Family." The two lions on either side of the gateway's entrance are female and male, representing the yin and yang elements, respectively. Yin, on the left side of the gateway, signifies protection of the young. Yang symbolizes protection of the nation. Beneath one of its legs, the gateway conceals a buried time capsule.



The brick building to your right (on Fourth Avenue between Burnside Street and Couch Street) has housed Chinese businesses since 1910. Two associations, the **Chin, Woo, and Yuen Family Association** and the **Gee How Oak Tin Association**, occupy the upper floor of this building today. Look up at the protective symbols on the wall above the stairwell. Below, barbecued ducks hang in the window of the **>Good Taste Restaurant**. Next door, the **Tung Sang Newspaper/Bookstore** sells curios and Chinese language greeting cards, videos, and comic books. On the corner is the **Lum Yuen Seafood Restaurant** with its "moon gate" entry. The moon

gate, the Chinese symbol for heaven, is often a feature of Chinese architectural design.



Ornamental flowering cherry trees line Fourth Avenue for more than a block. The trees, street signs and gateway were installed as part of a revitalization plan developed by the Chinese Consolidated Benevolent Association and the Portland Development Commission. Projects such as these have helped preserve and promote historic Chinatown's character. Continue walking north along N.W. Fourth Avenue.

Hung Far Low, 112 N.W. Fourth Ave. A large ornamental sign graces the front of Hung Far Low. This restaurant opened in 1929 and is the second oldest dining establishment in Chinatown. The Wong family has owned this

business since 1936. From the 1930s to the 1980s the building also housed the Japanese American Citizens' League (JACL). On the first floor is the **Northwest China Council**, a resource center for Chinese culture and contemporary affairs, offering art and educational programs. Next to Hung Far Low is a bookstore, the **China Wind Company**. Past the bookstore is **Huang's Art and Advertising** business. Mr. Zhen Han Huang is a master calligrapher who offers his services by appointment.

Great China Seafood Restaurant, 336 N.W. Davis St. Inside its ornately decorated exterior, the Great China Seafood Restaurant features hot pot cooking, where ingredients and a hot pot are brought table side, and diners may prepare their own meals. This building formerly housed Tuck Lung's restaurant and grocery store.

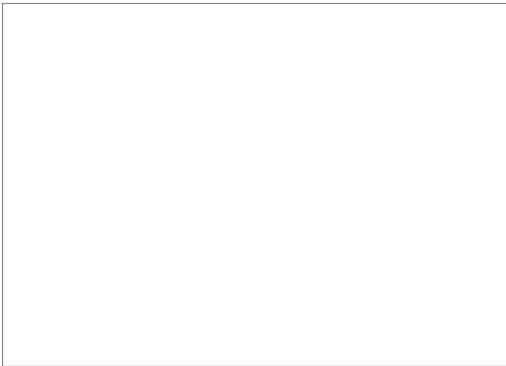


Red and Gold Street Lamps. As you walk through Portland's Chinatown, notice the bright presence of red and gold street lamps. Fifty-seven of these twin ornamental street lights were installed in 1984. The lamps are painted red and gold, signifying good luck and prosperity. The banners, which hang from Chinatown's streetlights, were a gift from Taiwan and feature the 12 signs of the Chinese zodiac. They mark both Chinese and Gregorian calendar dates.

House of Louie Restaurant, 331 N.W. Davis St. The House of Louie building was built in 1922, home to many businesses, including restaurants, a billiard hall, barber shop, confectioner, dry goods store, flower shop, and dressmaker. Green tiles and dragon pillars adorn the exterior. Its elegant interior is distinguished by carved wooden screens and ornately colored ceiling and wall decorations from Taiwan.

Outside the House of Louie, you will see a phone booth with a red pagoda-style roof. Turn east onto Davis Street and walk alongside the House of Louie Restaurant. Representing good luck, a dragon and phoenix frieze (the dragon and phoenix can also symbolize the groom and bride of a wedding party), decorates the exterior wall.

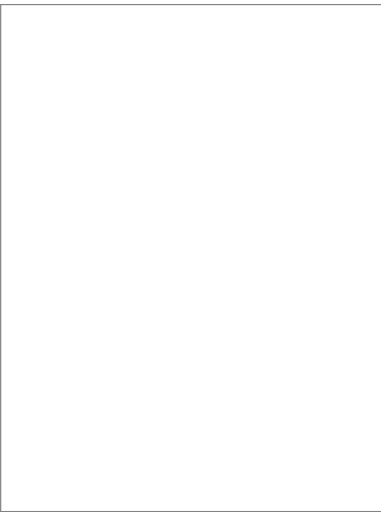
Chinese Consolidated Benevolent Association, 315 N.W. Davis St. A Chinese-language school has operated continuously in this building since 1908. On Saturdays, you can visit the CCBA building to peruse the museum and library, or observe language classes. The building features Chinese architectural elements, such as a circular moon gate. Return to the corner of N.W. Fourth Avenue and Davis Street.



Across N.W. Fourth Avenue is the **>Seven Stars Restaurant**. In the building to the right of Seven Stars, an elaborate entry is adorned with Chinese characters on all sides. This is the home of the **Suy Sing Association**. Since 1910, this space has housed Chinese businesses and residences. Chinese tenants once occupied the upper story of this building. Downstairs, the space has been home to a variety of merchants, including a jeweler, an herbalist, a noodle manufacturer and a fireworks distributor. James Wong and Richard Chan purchased the building in 1944, after laws prohibiting the Chinese from owning property were repealed.

Republic Cafe, 222 N.W. Fourth Ave. Continue north on N.W. Fourth Avenue, towards the Republic Cafe. Since it was built in 1922, this storefront has served various Chinese and Japanese businesses and community organizations. The Republic Cafe opened here in 1930. The restaurant's rich interior decor features lotus light fixtures and gold-stamped murals. Next door to the Republic Cafe is the **>Golden Horse Restaurant**.

Fong Chong's Grocery and Restaurant, 301 N.W. Fourth Ave. Diagonally across N.W. Fourth Avenue from the Golden Horse Restaurant



is Fong Chong's Grocery and Restaurant. Since 1932, this establishment has sold Asian produce, bakery goods and prepared meats, as well as household and holiday goods. The restaurant serves Cantonese cuisine and dim sum. Two associations, **Hop Sing Tong** and **Suey Yin Family Association**, are also located in this building. From Fong Chong's, walk east along Everett Street to the corner of N.W. Third Avenue and Everett.

The Great Era, 239 N.W. Third Ave. The Great Era offers Chinese art, porcelain, antiques, screens, embroidery and other miscellaneous items.

Classical Chinese Garden, on Third Avenue. The Classical Chinese Garden, designed and constructed by architects and artisans from Suzhou, China, will feature elegant pavilions and ponds bordered by walkways, and arched bridges. The 40,000-square-foot walled garden will include a gift shop and tea house. A drawing of the planned garden now stands at the corner of N.W. Third Avenue and Everett Street.

From there, look north along N.W. Third Avenue. At the corner of Third Avenue and Flanders Street, you will see the **Royal Palm Hotel**, built in 1913. The building's lower floor has housed a succession of businesses, such as Kwong Shew Lung, selling Asian goods (1920-'32); Wing Wong & Ho Sung (1932-'38); the Toy Duck Laundry (1938-'40); and others. Japanese steam baths were in operation in the building's basement from 1932 to 1944. Today, the upper level of this building provides transitional housing.

Head south on N.W. Third Avenue and walk two blocks to Couch Street. As you walk, you will notice several social organizations on your right: **Yat Sing Music Club**, **Hip Sing Association** and **New Wah Mei**. Turn right onto Couch Street.

World Journal Portland Bookstore, 323 N.W. Couch St. To your right, you will find the **World Journal Bookstore**, offering Chinese-language books and videos.

Other Sites in Downtown Portland

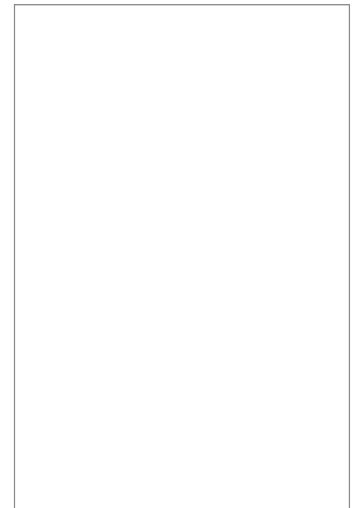
From Chinatown continue south into downtown Portland to visit other significant sites.

Chinese Art Studio, 332 S.W. Third Ave.

This shop sells original Chinese brush paintings, inks, brushes and art supplies.

Lake Tai Rock, Between S.W. Third and Fourth avenues, Madison and Jefferson streets

The Lake Tai Rock is a 16-foot, 17-ton limestone formation, shaped naturally by the waters of Tai Lake. A gift from Portland's sister city of Suzhou, China, the rock is inscribed with Chinese characters that read "rare stone calls forth the spirit."



Other neighborhoods around Portland

Chinese businesses are scattered throughout the city. Here are three other neighborhoods where Chinese establishments are abundant:

- Powell Boulevard, between S.E. 51st and 82nd avenues

- Sandy Boulevard, between N.E. 2nd and 68th avenues
- 82nd Avenue, between S.E. Foster Road and Burnside Street

Chinese Consolidated Benevolent Association (CCBA)

315 N.W. Davis St., Portland 97209 503.223.9070

Art and cultural exhibitions and performances; exhibits; library. For guided tours of Chinatown, call 503.590.5815.

Oregon Historical Society

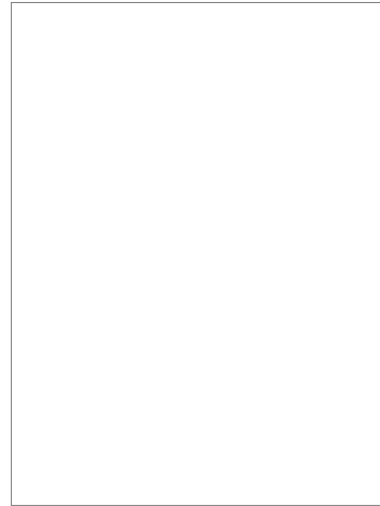
1200 S.W. Park, Portland 97204-24832 503.222.1741

Substantial photograph collection, news clippings. Collections of Chinese glass beads, ceramic food jars, memorabilia.

Portland Art Museum

1219 S.W. Park, Portland 97205 503.226.2811

The Hersch Galleries, in the museum's Asian wing, exhibit Chinese, Korean and Japanese art.



Resources

Portland is home to a large number of Chinese businesses and associations. The listing below will help locate those of specific interest.

Chao Chou Chinese Mutual Association

Call for information on Southern Chinese, Chinese Vietnamese related events. 503.666.2531

Chinese Friendship Association

Call for listings of Chinese events and films. 503.725.3824

Northwest China Council

Resource center on Chinese cultural and current affairs. 503.973.5451

Oregon Commission on Asian Affairs

Contact for more information on Oregon's Asian communities. 503.227.7514

Taiwan Friendship Association

Call for listings of Taiwan-related events and films. 503.524.6526

History: The Chinese in Oregon

Chinese roots run deep in Portland. Gold was discovered in southern Oregon and trade in furs, lumber, and agricultural products began between China and Portland. In 1851, the Tong Sung Restaurant and Boarding House opened its doors in Portland. Recruiters drew Chinese men, most from the Kwangtung Province of Canton in southern China, to work in the United States, where they endured



backbreaking labor: building bridges, tunnels, railroad beds and as miners, and on into the 20th century in the salmon canneries, as well as in the iron, paper and textile industries. Even so, the Chinese community faced discrimination. In 1852 the Oregon constitution barred incoming Chinese from buying or owning property. The federal Chinese Exclusion Act of 1882 prevented further immigration to the United States from China. These laws were not repealed until 1943. From 1880 to 1910 Portland's Chinatown was second only to San Francisco's. Chinatown stretched from Taylor to Pine, and from Third Street to the west bank of the Willamette River. Chinese merchants catered to traditional tastes, offering housing, groceries, clothing, medicine, and a variety of services, restaurants and theaters. Vendors lined the streets. During Chinese New Year, Chinatown was aglow with paper lanterns and the staccato of firecrackers filled the air. Forced by a flood in 1894 and pressure from the city, Old Chinatown was vacated. New Chinatown developed in its current location. As for Old Chinatown, nothing remains today.



Self-Guided Tour: Portland and Environs

Begin your tour downtown at Pioneer Courthouse Square and use public transportation to visit most of the sites. Pick up a transit map and day pass at the [Tri-Met](#) office at [Pioneer Courthouse Square](#). The day pass can be used on all Tri-Met buses, the Portland Streetcar, Vintage Trolley, and MAX, Portland's light rail system. For information call 503.238.7433 or plan your trip, in English or Spanish, online at www.tri-met.org.

Self Guided Hispanic Tours of Portland

Self-Guided Walking Tour and Restaurants

[Oba!](#), 555 N.W. 12th Ave. (503.228.6161)

Sophisticated Nuevo Latino cuisine. Lively bar. Dinner daily.

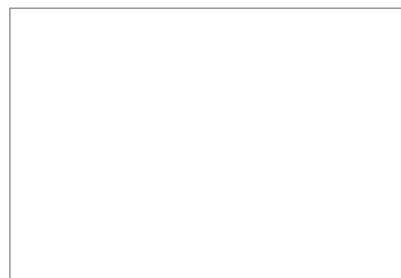
[Salvador Molly's](#), 1523 S.W. Sunset Blvd. (503.293.1790)

Caribbean food. Lunch and dinner daily.

Tapeo, 2764 N.W. Thurman St. (503.226.0409)

Spanish tapas. Dinner Wednesday-Sunday.

[return to top](#)



Becerra's International Groceries, 2741 N. Lombard St. (503.289.0044)

Small selection of groceries and music CDs, cassettes.

You'll find groceries and *taquerias* on Alberta St. This vibrant neighborhood is full of art galleries and restaurants. Tri-Met bus #72.

Belilissima Fine Gifts, 724 S.W. Washington St. (503.226.2556):
Ceramics, jewelry and gifts from Spain, Mexico and Central America.
(Downtown, Southwest and Northwest Portland)

La Nueva Comercial Mi Lupita, 2000 N.E. Alberta St.
(503.282.1892)

This large and bright grocery store has a generous selection.

La Bonita Taqueria, 2839 N.E. Alberta St. (503.281.3662)

Tacos, burritos. Specialty is burrito smothered with cheese and salsa. Closed Monday and Tuesday.

La Sirenita Taqueria and Market, 2815-17 N.E. Alberta St. (503.335.8283, 503.284.5676)

Tacos, tamales, burritos, seafood, etc. Open daily.

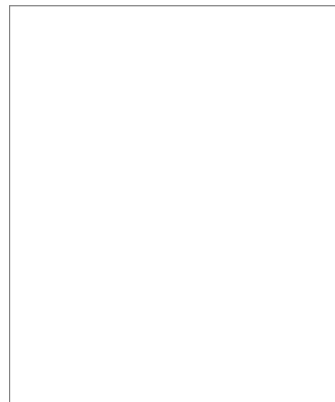
La Sirenita Market, 2815 N.E. Alberta St. (503.284.5676)

Mexican restaurant and grocery with gifts, music, paperbacks, and video rentals.

Pambiche, 2811 N.E. Glisan St. (503.233.0511)

Great food in this colorful Cuban restaurant. Lunch and dinner daily.

[Portland Art Museum](#), 1219 S.W. Park (503.226.2811)



Exhibits featuring pre-Columbian, Mexican and Latin American art.

Taqueria Nueve, 28 N.E. 28th Ave. (503.236.6195)

Variety of tasty taco fillings and chef's specialties.

Southeast Portland

There's shopping and dining at the intersection of S.E. 122nd Ave. and Market St. Tri-Met bus #27 or #71.

El Grande, 1725 S.E. 122nd Ave. (503.254.6936)

This place has it all, from groceries to gowns. The grocery store has fresh meat and produce and lots of *piñatas*. The large clothing store has men's and women's clothing and gowns for special occasions, such as baptisms and girls' 15th birthdays.

Puerto Marquez Mexican Restaurant, 1721 S.E. 122nd Ave. (503.253.6842)

Seafood specialties of Acapulco.

El Salvador Restaurant, 5919 S.E. Foster Rd. (503.774.7501)

Salvadoran, Mexican and Guatemalan food.

Esparza's Tex-Mex Café, 2725 S.E. Ankeny St. (503.234.7909)

Popular, with extensive menu. Lunch and dinner, Tuesday-Saturday.

La Calaca Comelona, 2304 SE Belmont (503.239.9675)

Traditional Mexican fare. Closed Sunday.

La Catalana, 2821 S.E. Stark St. (503.232.0948)

Spanish cuisine; *tapas* a specialty.

Gresham

Just across E. Burnside Street from the Rockwood MAX stop at E. 188th Ave. you'll find restaurants and markets.

The Original Taco House, 18935 E. Burnside St. (503.665.9777)

Popular restaurant with two other branches in Portland. *Burritos* and *tacos* are specialties; kids' meals with prizes.

Becerra's International Groceries, 18929 E. Burnside St. (503.667.4444)

Large Mexican grocery store with frozen foods section, wine, beer, fresh pastry and produce, magazines, CDs.

Tacho's Mexican Restaurant and Cantina, 18901 E. Burnside St. (503.665.5570)

Extensive menu. Entertainment nightly.

You can reach Main Square, at the intersection of N.E. Main St. and N.E. Division St., by MAX or Tri-Met bus #4.

Taqueria Tepatitlan, 90 N.E. Division St. (503.491.1650)

Eat here or call for free delivery. *Burritos*, *tacos* and specialties.

Pasteleria Fiesta Todo, 68 N.E. Division St. (503.492.2828)

Mexican breads, pastries and cakes for all occasions.

All businesses listed below are Hispanic at Gresham Plaza, at the intersection of E. Powell Blvd. and N.E. Cleveland Ave. Tri-Met bus #80 or #84.

La Esperanza Panaderia Mexicana, 857 E. Powell Blvd. (503.667.6228)

Mexican bakery with large selection.

Princesa's Fashion, 855 E. Powell Blvd. (503.491.9717)

Women's clothing, music CDs and cassettes.

Korita's Musical, 851 E. Powell Blvd. (503.665.5212)

Men's clothing, boots, hats, Mexican imports, music CDs and cassettes.

La Tienda de Guadalupe, 847 E. Powell Blvd. (503.669.8035)

Large selection of Mexican groceries, gifts, music CDs and cassettes; fresh meat, produce, pastries; "La Fonda" snack bar in back.

Restaurante Mariscos 7 Mares, 841 E. Powell Blvd. (503.667-5602)

Seafood is the specialty here, where the spacious bar dominates the restaurant.

Beaverton

Baja Fresh, 2625 S.W. Cedar Hills Blvd. (503.277.2252)

Mexican fast food from fresh ingredients.

La Fogata, 3905 S.W. 117th Ave., Suite H. (503.526.8808)

Restaurant featuring seafood, chicken, fajitas, burritos and more.

Latino Imports, 3905 S.W. 117th Ave., Suite D. (503.626.7765)

Mexican groceries.

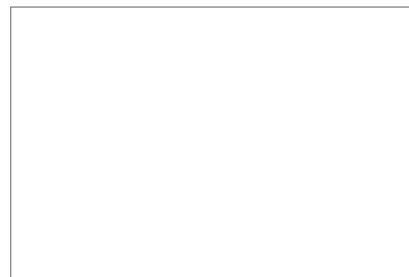
Tiendita La Perla, 12020 S.W. Allen Blvd. (503.254.6936)

Mexican groceries and cookware, clothing and piñatas. Spanish-language videos for rent.

India Bonita 2 Tienda Mexicana, 12090 S.W. Allen Blvd. (503.526.8982)

Large selection of music and videos. Some clothing and groceries.

Washington County Historical Society and Museum, Portland Community College, Rock Creek, 17677 N.W. Springville Rd. (503.645.5353)



Occasional exhibits on Hispanic culture and history. Closed Sunday.

Hillsboro

Take the westbound [MAX](#) train to downtown Hillsboro. There are more Hispanics living in Hillsboro's Washington County than in any other Oregon county. Here you'll find a variety of shops and restaurants. Addresses on Tualatin Valley Highway can be reached by Tri-Met bus #57.

Su Casa Imports, 1050 S.E. Walnut St. (503.648.5779)

This large store seems to encompass an entire world of Hispanic culture. The grocery section offers Mexican specialties, fresh produce, meat and pastries. An entire section is devoted to music CDs and cassettes. Jewelry, *piñatas* and children's baptism outfits. Mexican restaurant in back.

Tienda Las Palmas, 970 S.E. Oak St. (503.648.0143)

Diners at the taqueria might be watching Mexican soccer on TV. Western clothing is sold here along with a small selection of music CDs and cassettes.

Ochoa's Taquerias, 943 S.E. Oak St. (503.640.4755)

Order tacos, burritos and house specialties at this popular eatery. Indoor and patio seating.

La Estrellita, 29030 Town Center Loop, Wilsonville (503-635-9232)

Eleven locations statewide. Delicious Jalisco style Mexican Food.

La Flor de Michoacan, 1075 S.E. Baseline Rd. (503.693.7782)

Top rated for fresh ingredients, good flavors, handmade tortillas. Open daily.

La Tienda de Guadalupe, Shute Park Plaza, 1001 S.E. Tualatin Valley Hwy. (503.648.2401)

Seaside and countryside scenes decorate the windows. Inside, the aisles are packed with Mexican grocery items, music, greeting cards, fresh meat and produce. Colorful *piñatas* hang from the ceiling.

Juan Colorado Mexican Restaurant, Shute Park Plaza, 1001 S.E. Tualatin Valley Hwy. (503.693.0791)

After your meal take home a dozen fresh *tortillas*. Watch them being made in the amazing *tortilla* machine. In goes a ball of dough, out comes a fresh *tortilla*.

Puerto Marquez II Sea Food Restaurant, 1425 S.E. Tualatin Valley Hwy. (503.615.0127)

The food of Acapulco is featured here, along with a bakery.

Nightlife

Kick up your heels and dance at one of the many Portland clubs that feature Latin dances such as *Salsa*, *cha-cha*, *cumbia* and *merengue*. Some clubs offer group lessons before the music starts

Andreas's Cha Cha Club, 832 S.E. Grand Ave., (503.230.1166)

In the basement of the Grand Café. Dance lessons 8 p.m., DJ spins music 9:30, Wednesday through Saturday.

Brasilia Restaurant & Bar, 6401 S.W. Macadam Ave. (503.293.2219)

Live music Thursday-Saturday.

Crystal Ballroom, 1332 W. Burnside St. (503.778.5625) Salsa DJ Tuesday nights, lesson at 8 p.m.

El Caribe Night Club, 8640 S.W. Canyon Rd., Beaverton (503.292.2326)

Inside Casa Colonial Restaurant. Dancing Friday-Sunday, from 9 p.m.

Fernando's Hideaway, 824 S.W. 1st Ave. (503.248.4709)

Free salsa dance lessons 9 p.m., DJ music at 9:45, Thursday-Saturday.

La Rumba, Rose Quarter Ramada Inn, 10 N. Weidler St. (503.279.1588)

Dance lessons 7 p.m. followed by DJ or live music Tuesday-Saturday.

Santanas, 3655 S.W. Hall Blvd., Beaverton (503.643.0488)

Disco Thursday through Sunday after 9 p.m.

Seges Restaurant & Lounge, 818 S.W. 1st Ave. (503.279.0250)

Latin dancing Wednesday and Thursday nights.

Tacho's, 18901 E. Burnside St., Gresham (503.665.5570)

Laser karaoke every night. Mariachi band on weekends.

Viscount Ballroom, 722 E. Burnside St., Portland (503.233.7855)

Saturday night Salsa lessons, 8:30-9:15 p.m. DJ music until 2 a.m.

Resources

Centro Cultural, 1110 N. Adair, Cornelius (503.359.0446)

Centro Mexicano de Oregon (Mexican Consulate), 1234 S.W. Morrison St. (503.274.1442)

El Programa Hispano, 451 N.W. 1st Ave., Gresham (503.669.8350)

Hispanic Metropolitan Chamber of Commerce, 2402 N.E. Oregon St. (503.222.0280), www.hmccoregon.com

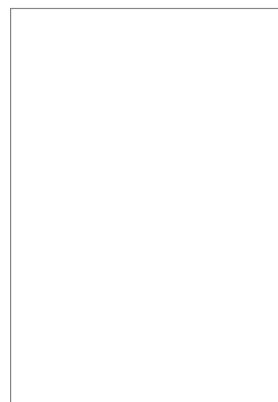
Oregon Council for Hispanic Advancement, 108 N.W. 9th Ave., Suite 201 (503.228.4131)

Oregon History Center Folklife Program, 1200 S.W. Park Ave. (503.222.1741)

Oregon Human Development Corp., Hispanic Access Center, 9620 S.W. Barbur Blvd., Suite 10 (503.245. 2600) www.1stop.org/washco/ohdc/

Portland-Guadalajara Sister City Association, P.O. Box 728, Portland 97207 (503.222.9807), www.cinodemayo.org

Portland State University Chicano-Latino Studies Program, 141 Cramer Hall (503.725.4447)

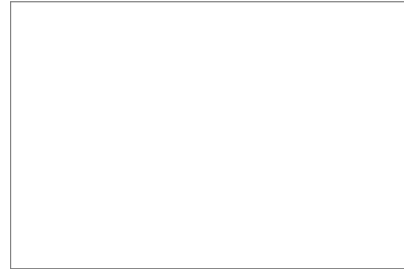


Spanish-Language Yellow Pages (Las Paginas Amarillas en Espanol) (503.257.2333)
www.myspanishyellowpages.com

Media

Newspapers:

El Hispanic News, 2130 S.W. 5th Ave. (503.228.3139)
www.hispnews.com. Bi-lingual Spanish-English newspaper. Since 1981, the oldest Hispanic publication in the Northwest and **the largest bi-lingual newspaper in the US**.



El Latino de Hoy, 3000 Market St. N.E., Suite 256, Salem (503.375.7315) Published since 1991.

Noticias Latinas (Latin News), 524 S.E. 14th Ave. (503.227.7780) www.coho.net/~notilati

Radio & TV

KBOO, 90.7 FM (503.231.8032) www.kboo.org

Latin music Tuesday, Friday and Sunday afternoons.

KMUZ, 1230 AM, La Zeta (503.227.1066)

24-hour Latin music.

KUIK, 1360 AM (503.640.1360)

Spanish-language music.

KWBY, 940 AM, Radio Fiesta (503.981.9400) www.radio-fiesta.com

24-hour Spanish language and music since 1963.

KWIP, 880 AM (503.623.0245) www.kwip.com

Regional Mexican music.

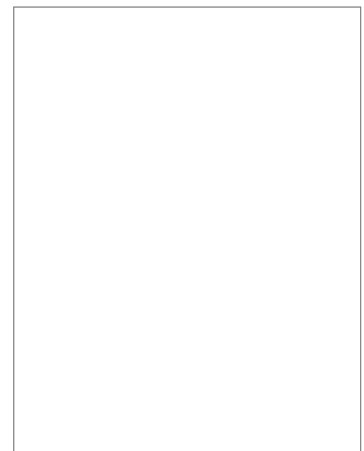
Northwest Telemundo, UHF Channel 56 (503.241.2411)

Spanish-language television.

¡Bienvenidos a Portland!

Hispanic, Latino or Chicano? People have individual preferences, but Hispanic is the all-inclusive term for people with origins in Mexico, Spain, Puerto Rico, Cuba, Central America and South America. Because Portland's community includes those from more than 20 Spanish-speaking countries, Hispanic is the preferred term for this guide.

Oregon's Hispanic population more than doubled in the last decade. More than 80% of those people are of Mexican ancestry.

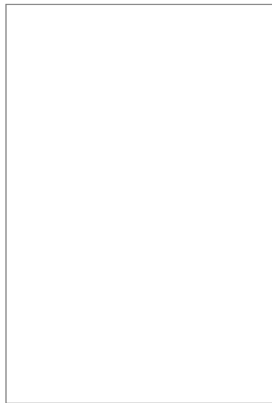


Most of Oregon's Hispanic population lives in the tri-county area (Washington, Multnomah and Clackamas counties) in which Portland lies. More Hispanics live in Washington County, which contains Beaverton and Hillsboro, than in any other Oregon county.

Hispanics have been recorded in Oregon history ever since Spanish explorers sailed along the coastline. In the 1800s, Mexican vaqueros (buckaroos) came to Oregon to work as cowboys. Other Mexicans came here to mine gold, work on the railroad or operate mule supply packs for soldiers during the Indian wars.

When the military draft of World War II caused a labor shortage on American farms, more than 15,000 Mexican laborers came to Oregon to help harvest the crops. Many remained to work on farms or other jobs or to open their own businesses.

Hispanics make up Oregon's largest minority. Now as in the past, Hispanic people contribute greatly to the lives of Oregonians and Portlanders through their culture, cuisine, art and commerce.



Japantown

Self-Guided Tour: Downtown and Greater Portland

Using Portland's rider-friendly public transportation system that includes light rail trains (MAX), streetcars and buses, visitors can tour the city to learn about Japanese-American culture. First, pick up a map and day pass at the [Tri-Met](#) office in [Pioneer Courthouse Square](#). The day pass can be used on all Tri-Met buses and MAX lines.

Begin at the Oregon Nikkei Legacy Center in Old Town for an overview, walk down to Portland's waterfront to the Japanese American Historical Plaza, then begin your exploration throughout the city aboard MAX or on a city bus.

Downtown Portland

Nihonmachi [map, site # 1](#)

(MAX from downtown to Old Town/Chinatown/Japantown)

The historic neighborhood now officially called Chinatown/Old Town/Japantown was, prior to 1942, known as Japantown or *Nihonmachi*. Here Japanese businesses—grocery stores, hotels, bath houses, laundries, theaters, gambling and social clubs, beauty salons and restaurants—filled 12 square blocks. Revisit the world of *Nihonmachi*, courtesy of the Oregon Nikkei Legacy Center's historical tours (503.224.1458), guided by community members who remember *Nihonmachi*.

Oregon Nikkei Legacy Center [map, site # 2](#)

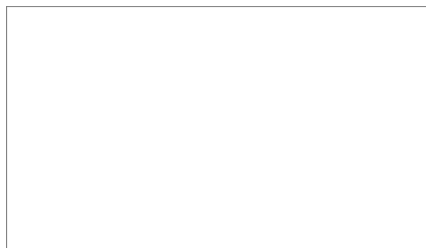
(MAX from down-town to Old Town/China-town)

121 NW 2nd Avenue

Portland, OR 97209

(503) 224-1458

Exhibits highlight the Japanese immigrant and Japanese-American experience in Oregon with photographs and artifacts. The center offers public lectures, as well as exciting performances by Portland Taiko, a traditional drumming group.



Japanese American Historical Plaza/ Bill of Rights Memorial [map, site # 3](#)

Walk from Couch Street to the waterfront along Northwest Naito Parkway where 13 stone markers commemorate the history of the Issei and their descendants. Many of the stones, engraved with short poems and names of internment camps emphasize the story of Japanese

Americans. Begin at the first stone, featuring a bronze plaque inscribed with the United States Bill of Rights. Each spring (March-April) the cherry trees here are resplendent with pink blooms. This award-winning monument was designed by Portland landscape architect Robert Murase. Guided tours are offered by the Oregon Nikkei Legacy Center, 503.224.1458.

Friendship Circle [map, site # 4](#)

From the Japanese American Historical Plaza, walk north to the end of Waterfront Park, where you will find a “singing” sculpture. Two local artists, sculptor Lee Kelly and composer Michael Stirling, created the sculpture to celebrate Portland’s 30-year Sister City relationship with Sapporo, Japan. For more information on this sculpture and other public art in Portland, pick up the guide “Public Art Walking Tour” at the Visitor Information Center, 26 S.W. Salmon St.

Gallery Zen [map, site # 6](#)

(Tri-Met bus #77, or walk from Old Town)

525 N.W. 10th Ave.

503.221.3184

This handsome gallery in the city’s Pearl District hosts a large selection of fine 18th and 19th century furniture and artifacts. The gallery’s high ceilings, old timber beams and simplicity of design recall Japanese country houses. A tranquil rock garden evokes a Zen aesthetic.

Portland Art Museum [map, site # 7](#)

(Tri-Met bus #6)

1219 S.W. Park Ave.

503.226.2811

The Hersch Galleries, in the Asian art wing, exhibit some of the museum’s extensive collection of Japanese, Chinese and Korean art. The Japanese gallery includes paintings, textiles, pottery, furniture and ceremonial items. Open Tuesday through Sunday.

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Portland, East



Sapporo Bell [map, site # 8](#)

(MAX from Old Town to the Oregon Convention Center)

777 N.E. Martin Luther King Jr. Blvd.

This bell is a gift from Portland’s Sister City, Sapporo, Japan. Installed near the entrance to the [Oregon Convention Center](#), this magnificent bronze bell rings intermittently throughout the day. Its deep tones serve as one more reminder of the continued influence of Japanese culture on this city.

Anzen Importers [map, site # 9](#)

736 N.E. Martin Luther King Jr. Blvd.

503.233.5111

A family owned business since 1905, Anzen features a wide selection of Japanese imported goods,

including fresh and prepared foods, cookware, videos, books and gifts.

Rose City Cemetery [map, site # 10](#)

(Tri-Met bus #33)

5625 N.E. Fremont

503.281.3821

Within the grounds of Rose City Cemetery, a private Japanese cemetery beckons with an elaborate entry gate flanked by two stone lanterns. Many of Oregon's early *Issei* and *Nisei* rest in this tranquil atmosphere of cherry trees, evergreens, bamboo and lilacs. The site, bordered by hedges and maintained by the Japanese Ancestral Society of Portland, also includes a memorial obelisk dedicated to the memory of American men of Japanese ancestry who died in American wars.

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Portland, North

Portland Expo Center [map, site # 11](#)

(Tri-Met bus #6)

North Portland, I-5, exit west on 306B

503.736.5200

Long before the Expo Center was built, these grounds housed a stockyard where Japanese Americans were held in 1942 for three months before they were ordered to internment camps throughout the West. A plaque in Exhibit Hall A commemorates this historic event.

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Portland, South

Japan Bonsai [map, site # 12](#)

(Tri-Met bus #5)

1119 S.W. Capitol Hwy.

503.245.4346

The Oregon Bonsai-Saikei Institute offers evening and weekend classes in the elegant arts of *bonsai* (miniature trees) and *saikei* (miniature landscapes). The institute's shop (open daily) offers a wide selection of plants as well as *bonsai* and *saikei* tools.

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Portland, West

Uwajimaya Asian Food Store [map, site # 13](#)

(Tri-Met bus #54)

10500 S.W. Beaverton-Hillsdale Hwy.

Beaverton

503.643.4512

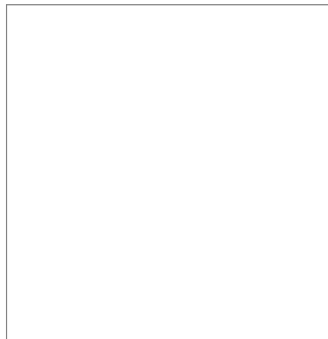
A mega-supermarket of Japanese and Asian imports offering a huge selection of fresh produce and live seafood. The Hakatamon Restaurant and Kinokuniya bookstore are also on the premises.

Westside MAX Stations [map, site # 14](#)

Subtle Japanese influences grace many Westside MAX stations. Pick up the map “Art on the Westside MAX” at the Tri-Met office in Pioneer Courthouse Square downtown and keep your eyes open for the Japanese-inspired stonework at Goose Hollow/Jefferson Street or for the Japanese characters imbedded in the sidewalk outside Beaverton Creek Station (they translate as “Eastbound”).

Notice the delicate landscape features of flowering cherry trees around the Willow Creek/185th Transit Center and the cast bronze ceremonial garland, patterned after the Japanese garlands that hang at the entrances to most Shinto shrines, at Hillsboro Central/S.E. Third Center. A haiku poem engraved in the paving stones recognizes Japanese Americans’ contributions to Washington County.

[Japanese Garden map, site # 15](#)



(Tri-Met bus #63 or,

from June-August, take MAX to the Oregon Zoo and ride a free shuttle to the garden)

503.223.1321

High above busy Portland, the Japanese Garden offers an ideal retreat for meditation and contemplation. Take your time and wander through the serene grounds. Covering nearly 5.5 acres, the Japanese Garden is really five separate, composed gardens, replete with exquisite plants, carefully placed

stones and restful pools. Visit the gardens of *Chisen-kaiyui-shiki* (Strolling Pond); *Roji-niwa* (Tea); *Shukeiyen* (Natural); *Karesansui* (Dry Landscape Garden) and *Hira-niwa* (Flat Landscape Garden). A tea house, pavilion, moon bridge, poetry stone, *Iyo* stone (a special rock from the island of Shikoku, Japan) and the five-tiered pagoda lantern from Sapporo, Japan, grace the elegant landscape. Even the tool sheds are works of art.

Guided tours daily April through October at 10:45 a.m. and 2:30 p.m.

Other Points of Interest

Momokawa Sake Brewery

820 Elm St.

Forest Grove

503.357.7056

Oregon’s only sake brewery. Sake tasting, noon to 5 p.m.

Tours, noon-2 p.m. on Saturdays.

Gresham Pioneer Cemetery

Powell Blvd. and Walters Ave.

Visit a memorial to Oregon’s first Japanese pioneer, Miyo Iwakoshi, who came to Oregon in 1880 (Lot 85, Grave 3E).

Nichiren Buddhist Church of Portland [map, site # 16](#)

(Tri-Met bus #19, #20)

2031 S.E. Yamhill St.

503.232.8064

This community center for some of Portland's Japanese Buddhists annually hosts a New Year's celebration, an event for Buddha's birthday, a Spring festival and Obon services. Visitors welcome.

Lone Fir Pioneer Cemetery [map, site # 17](#)

(Tri-Met bus #15)

2115 S.E. Morrison St.

Several dozen markers inscribed with Japanese characters line the southwest corner of this pioneer cemetery. Graves date from 1897.

Abbott's Koi & Fountains [map, site # 18](#)

(Tri-Met bus #9)

2820 S.E. Powell Blvd.

503.232.9169

Retreat from busy Powell Blvd., into the entrancing world of this tiny garden shop, specializing in fountains, ponds and tanks of exotic Japanese and Thai *koi* (colorful carp).

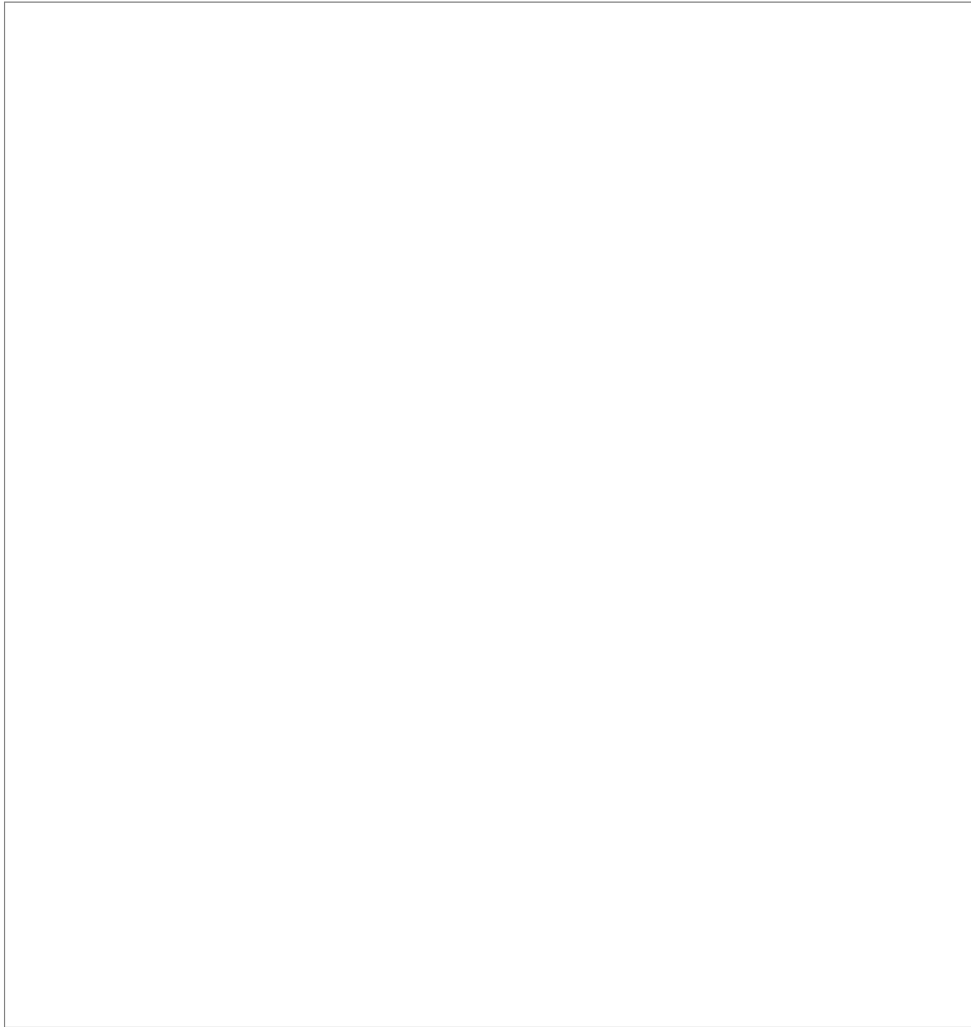
Oregon Buddhist Temple [map, site # 19](#)

(Tri-Met bus #9)

3720 S.E. 34th Ave.

503.234.9456

One of the oldest religious centers for the Japanese community, this temple is especially noteworthy for its beautiful sanctuary altar. Portland's Japanese Buddhists host a New Year's party, celebrate the birthdate of Buddha and conduct Obon services at this center. Call for a schedule. Visitors are welcome.



Other Ethnicities

Interstate Firehouse Cultural Center

(Tri-Met bus #5)

5340 N. Interstate Ave.,

(503.823.2072)

The theater and the art gallery display works by minority artists.

Portland Guide to Summer 2010

Walk

HIKE: Angels Rest

Why go: All the delights of the western gorge in one hike, including a 150-foot waterfall and a breathtaking, windswept overlook. **What to expect:** A brisk climb that falls short of grueling, the 5-mile round-trip ascent swiftly climbs about 1,800 feet before reaching an open bluff. Watch out for powerful winds at the peak. **Further reading:** Search “angels rest” online. (BW)

HIKE: Beacon Rock State Park

Why go: Staggering gorge views—paid for with someone else’s tax dollars! **What to expect:** Less than an hour’s drive eastward on the Washington side of the gorge, Beacon Rock looms like a stone

cathedral erected (ahem) by a particularly phallocentric cult. The vertiginous, iron-railed walkway takes you to a sweeping vista of the mighty Columbia—and afterward, you’re not far from microbrew-enriched cool-down points like cute Stevenson, Wash., or Hood River. **Further reading:** Search “beacon rock state park, wash.” online.

HIKE: Elowah Falls

Why go: It’s half as tall as Multnomah Falls, but you’ll have it all to yourself. **What to expect:** Water falling 290 feet into a magnificent mossy cauldron. Take exit 35 from I-84 and drive two miles east to the John B. Yeon trailhead. The falls are about a mile uphill. **Further reading:** *Curious Gorge* by Scott Cook.

HIKE: Iron Mountain

Why go: Nothing but flowers (and a great view). **What to expect:** The 2.4-mile loop up this 5,000-foot-tall foothill of the cascades, 20 miles east of Sweet Home on Highway 20, passes through the most stunning meadows of wildflowers in Oregon. Home to more than 300 species, the fields that cover the hillside burst with every imaginable color. They peak in early summer, so head out soon! You’ll need a Northwest Forest Pass to park. **Further reading:** Search “iron mountain, oregon” online.

HIKE: Kelley Point Park

Why go: A river beach is the best we can do in this town. **What to expect:** Kelley Point perches at the far end of North Portland’s peninsula and a visit imparts a cool sensation of seeing the city *in extremis*. The site was originally settled by a crazy, utopian New Englander who tried (and failed) to start his own city here. Today, there’s an endearingly trashy urban beach scene, excellent container-ship spotting and some easy hiking. Paradise of a different sort! **Further reading:** Search “kelley point” online.

HIKE: Mount Talbert Nature Park

Why go: You’re in Clackamas—might as well make the best of it. **What to expect:** Well, who knew? Tucked amid the Clackamaniacal sprawl and owned by Metro, the mystery meat of local governance, Mount Talbert is a stealthy gem. Like Mount Tabor or Rocky Butte, Talbert is an extinct volcanic relic, featuring rare native oak savannah and prairie meadow habitats, accessed by short and easy trails. **Further reading:** Search “mount talbert nature park” online.

HIKE: Saddle Mountain

Why go: This is nearly the tallest mountain in the Coast Range, which is kind of like being nearly the fastest kid at fat camp. But the Chinook Indians thought this was mankind’s birthplace—we hatched from Thunderbird’s egg at the summit. **What to expect:** A lot of elevation change, including a spectacularly steep climb to the summit. Kids and meek hikers will be fine going halfway; the second half of the hike is exposed and vertiginous. **Further reading:** *60 Hikes Within 60 Miles of Portland* by Paul Gerald, or search “saddle mountain” online.

BACKPACK: The Salmon River Trail

Why go: Riverside campgrounds are close enough to the trailhead to get to after work on Friday, but a mile of old-growth forest separates you from cell-phone service. **What to expect:** Lush undergrowth, large trees, moderate competition for camping spots. The Salmon River Trail connects with a larger network of trails around Mount Hood, so you can customize your loop to fit your blisters. **Further**

reading: *60 Hikes Within 60 Miles of Portland* by Paul Gerald. (PFW)

HIKE: Silver Falls

Why go: While we tend to take them for granted, the falls are every bit as beautiful as Travel Oregon would have you believe. **What to expect:** Ten waterfalls on one fairly easy 7-mile hike. Walking under the tallest, 178-foot South Falls, is a treasured memory of anyone who grew up in the Willamette Valley; 20 years on, it's still awesome. In addition to hiking, the park has campsites, cabins, horse trails and a surprisingly fun interpretive center. **Further reading:** oregonstateparks.org/park_211.php. (BW)

HIKE: Smith & Bybee Wetlands Natural Area

Why go: Because you can spot huge owls, rare turtles, freight trains and jet planes—simultaneously! **What to expect:** This 205-acre wetland at the soggy edge of industrial North Portland is one of the coolest and most accessible natural areas in the city. The thriving waterfowl population and cleverly designed bird blinds draw herds of *Homo binocularus* to the easy, largely paved hiking trails, while a non-motorized boat launch provides instant aquatic access. **Further reading:** Search “smith and bybee lakes” online.

HIKE: Tryon Creek State Natural Area

Why go: Because the only urban state park in Oregon pretty much captures everything awesome about Oregon. **What to expect:** Tryon Creek is wedged into a plunging, dramatic ravine surrounded by the semi-suburban wilds of Southwest Portland. While you're far more likely to get lost while driving to the park than hiking in it, 645 lushly forested, ferny and bemossed acres and multiple, looping hiking and horseback trails give you plenty of chances to forget you're surrounded by 2 million people. As a special bonus, the place is named after a yeoman pioneer named “Socrates Hotchkiss Tryon.” Oregon! **Further reading:** tryonfriends.org.

Wheel

BIKE CAMP: Alder Flat Campground

Why go: Beautiful and free. **What to expect:** Six tent sites with grills but no running water, 120 feet below Highway 224 on the Clackamas River. You can't drive to the campsite but you can bike there, so pack light and ride the 44 miles from the end of the MAX line in Gresham or park the car at the trailhead and backpack your gear down the hill. **Further reading:** bit.ly/bjDuxW.

WOBBLE: Bike Polo at Alberta Park

Why go: You want the rowdy camaraderie of street hockey without having to get off your bike. **What to expect:** Portland's own Axles of Evil has been defending tournament titles for years. It now calls the tennis courts at Alberta Park home. Grab a helmet and a mallet—the showdown starts every Sunday at noon. **Further reading:** Search “portland bike polo” online.

MOUNTAIN BIKE: Black Rock, near Falls City

Why go: Black Rock is the epicenter of Oregon freeriding (biking with lots of jumps and obstacles), with bigger and better hucking (jumping) than anywhere in the state. Post-ride karaoke (Saturday nights) at the Boondocks Bar alone is worth the trip. Expect Merle Haggard, Elvis and Patty Loveless classics sung from the heart. **What to expect:** Towering stunts over forest ferns, expertly built jumps

gapping roads and log bridges, feelings of inadequacy. Test your mettle on jumps of different sizes at the Basic Training area, then hike the 40 minutes to the top. **Further reading:** brmba.org.

MOUNTAIN BIKE: L.L. Stub Stewart State Park

Why go: Support your local freeriders and single-track builders. This Buxton-area park will be the after-work ride of choice for folks on the west side, as soon as it's finished. **What to expect:** The trails at Stub Stewart will link intermediate stunts with custom-built descents. There's a mile and a half of rideable trails now, with more going this summer. **Further reading:** Search "stub stewart state park" online.

MOUNTAIN BIKE: McKenzie River Trail

Why go: It's 28 miles long. It's almost completely flat. And it's the best trail in Oregon. As soon as you ride it, you understand. **What to expect:** Utter exhaustion. But also impossibly blue pools gushing from nowhere and plunging back underground, zippy forest trails descending imperceptibly and moss-covered lava rocks. You'll need food and lots of water. **Further reading:** mckenzierivertrail.com.

CYCLOCROSS: Pier Park

Why go: Cyclocross season is only four months away. **What to expect:** Once a bike racing venue, St. Johns' Pier Park now gives cyclocross rookies the opportunity to practice off-road skills in privacy. Remnants of the original course weave in and out of the pines, making a loop around the park. Just remember to wear a helmet in case the disc golfers are out. **Further reading:** Search "pier park" online.

RIDE: Powell Butte

Why go: You want to get lost in the forest without leaving town. **What to expect:** If you're looking for fast, rolling single-track trails, Powell Butte may be the only spot within city limits that's got 'em. Put your mountain bike to the test, or try out some of the equestrian trails on a more traditional steed. Miles and miles of wilderness for bikes, horses and hikers will let you forget you never left the city. **Further reading:** friendsofpowellbutte.org.

RIDE: River City Bicycles Mount Tabor Series

Why go: How often do you get the chance to race bikes on a volcano? **What to expect:** Every Wednesday evening in June and early July, bike racers in nine categories take over Mount Tabor Park. The course is fast and hilly—great practice in the event you'll ever need to outrun a volcano eruption on a bike. And the view isn't bad either. **Further reading:** mttaborseries.com.

MOUNTAIN BIKE: Sandy Ridge Trails

Why go: An impeccably designed single track with banked corners and a great climbing-to-descending ratio. These trails are beloved by both the Spandex and body-armor crowds. **What to expect:** A 3-mile climb up a paved road drops into a trail that is experts-only if you ride it fast, and somewhat beginner-friendly if you take it slow. **Further reading:** Search "sandy ridge mountain biking" online, or tinyurl.com/2unsbtl.

MOUNTAIN BIKE: Surveyors Ridge **Why go:** Shin-thwapping leaves and flowers encroach on a narrow trail before riders pop out onto viewpoints for saying what up to Mount Hood. **What to expect:** An out-and-back ride with quick but somewhat ass-kicking climbs, steep drop-offs on either side and

gorgeous views of the mountain. **Further reading:** Search “surveyors ridge trail 688” online. (PFW)

MOUNTAIN BIKE: Syncline

Why go: Forty-five minutes of downhill pedaling, from the top of the gorge (the Washington side) all the way down to river level. Some sections feel like downhill bombing runs, others like flow-trails. Once you’re at the top, it’s all reward on the way back down. **What to expect:** These trails have everything, from world-class views of the Columbia Gorge going by at warp speed to technical rock gardens and screaming fast descents. **Further reading:** Search “mountain bike syncline” online.

MOUNTAIN BIKE: The Scappoose Trails

Why go: The same reason you dated that boy down the hall in college. It’s single (track) and it’s convenient. **What to expect:** User-built trails snaking around, sometimes randomly, in the forest. The routes are built around a fire road down the center and pop on and off this track every few hundred yards. **Further reading:** *KISSING THE TRAIL: NW and Central Oregon Mountain Bike Trails* by John Zilly, second edition.

Water

RAFT: Clackamas River

Why go: You may have skippered the lower section with an inflatable mattress and a case of beer, but the upper section is known for legitimate rapids and waves at Bob’s Hole and Carter Bridge. **What to expect:** Cold water curling into Class III rapids. If you’re not already a whitewater person, you’ll want a guide. **Further reading:** blueskyrafting.com.

SWIM: Dougan Falls

Why go: The most picturesque swimming hole in the Northwest. **What to expect:** A 100-foot-wide waterfall pouring into a deep, chilly pool, perfect for summer swimming. From Vancouver, go 26 miles east on Washington State Route 14 to Salmon Falls Road. Turn left and go 3 miles. Turn right on Washougal River Road. Travel 5 miles and when the pavement ends, you’re there. **Further reading:** waterfallsnorthwest.com.

BIRDWATCH: Government Island

Why go: This state recreation area, accessible only by boat, is home to, like, a gajillion endangered birds. **What to expect:** Only the north shore of Government Island is open to the public—the interior is leased by a cattle rancher—and you’ll have to paddle there. Put in at Chinook Landing in Fairview. Take binoculars, fishing pole and a tent; primitive camping is free. **Further reading:** *Oregon State Parks* by Jan Bannan.

PADDLE: Ross Island

Why go: You need some peace and quiet in the city. **What to expect:** While Ross Island is a pathetic shell of the land that existed before the Pamplin family dug its heart out, the island is still beautiful. For a leisurely, two-to-three-hour circumnavigation with views of its great blue heron rookery and the downtown skyline, put in and take out at Sellwood Waterfront Park. **Further reading:** bit.ly/9mQ3xG.

Raft: Sandy River

Why go: Slacker rafting on the lower section belies the run from Revenue Bridge to Oxbow Park just upriver that will soak your swimsuit one way or another. **What to expect:** Scenic river bends, old-growth forest, Class II+ rapids and (sometimes) river otters flirting with each paddle stroke. **Further reading:** *Soggy Sneakers* by Pete Giordano.

CANOE: Santiam to the Willamette

Why go: You'd like to paddle the North Santiam, but would rather not drown. **What to expect:** An easy, fairly short paddle through gorgeous farm country. Put in at the boat ramp under the bridge in Jefferson, one mile east of exit 238 on I-5. Paddle 10 miles west to join the Willamette River and take out at Buena Vista County Park. Stop by the Wings of Wonder butterfly exhibit in Independence before heading home. **Further reading:** Search "santiam river marion county" online.

SWIM: Sellwood Pool **Why go:** To celebrate a century of swimming. **What to expect:** An oval outdoor pool (7951 SE 7th Ave., 823-3679) built in 1910, with a gorgeous poolhouse and a whole lotta kiddies splashing about. It's not the best place to swim in the city (that's Mount Scott Community Center), but it's definitely the best place to swim alfresco. **Further reading:** bit.ly/SReLO.

Stand-up paddle: The Willamette

Why go: Stand-up paddle, which is exactly what it sounds like, is the biggest trend in surfing since board shorts and is perfect for the lakes and rivers around Oregon. Just because the water's not salty doesn't mean you can't take your board. **What to expect:** Smooth, person-powered fun on placid waters and a workout for your "balance" muscles. Paddle around Ross Island to retrace the route of the summer SUP race series. **Further reading:** kenalu.com. (PFW)

Whatever

TOSS: Bocce at Leisure Public House

Why go: Bocce is better with beer. **What to expect:** The best bar in St. Johns is rightly renowned for its leafy back patio, the centerpiece of which is a short but well-cared-for bocce court. Fact: Holding a pint of IPA helps balance your throwing arm. **Further reading:** leisurepublichouse.com.

SKIP ROCKS: Elk Rock Island

Why go: Because Ross Island is too polluted to make a good hangout. **What to expect:** A 13-acre isle—the scant remains of a 40-million-year-old volcano—that juts into the Willamette from Milwaukie. In late summer you can walk across a land bridge from Spring Park Natural Area to pick berries and watch the birds. **Further reading:** Search "elk rock island" online.

WEEKEND: Fort Stevens State Park

Why go: Oregon's northernmost point has it all—bike and foot trails, beaches, birdwatching, boating, dunes, a museum, a shipwreck and sweet Civil War-era fortifications. **What to expect:** Oregon's third-largest state park is about 10 miles west of Astoria on Highway 104, encompassing 3,763 acres of woods, beaches and the fort itself. Make a weekend of it—stay at the Officer's Inn in Hammond, bike the trails and watch the sun set over the wreck of the Peter Iredale. **Further reading:** officersinn.com.

PUTT: Heron Lakes Golf Club

Why go: Amazing views, resident herons and a little golf (3500 N Victory Blvd.). **What to expect:**

Portland's best golf value, with two courses (Great Blue and Greenback) and so many birds that the club must employ dogs to chase off the geese. Play through a late summer evening to see the course at its best. **Further reading:** heronlakesgolf.com.

WATCH: Movies in the Park

Why go: *Twilight: New Moon* is best watched on the big screen, in a public forum where you can heckle (June 26). **What to expect:** Portland Parks and Recreation continues the tradition of showing popular films all summer long. Bring a blanket and get to the park early—the pre-show entertainment starts at 6:30 pm and the movie begins at dark. **Further reading:** portlandonline.com/parks/index.cfm?c=52643.

U-PICK: Sauvie Island

Why go: Fresh fruit, fresh air, dirt-cheap prices. **What to expect:** You've done this before; if you haven't, you must. Spending a Saturday morning doing the work of day laborers, getting your pristine Keens caked with dust and burning your neck a fierce crimson is a tiny price to pay for the luxury of sitting on the couch all afternoon gobbling strawberries and prosecco. Bring your own bucket. **Further reading:** pickyourown.org.

WATCH: Spouting Horn

Why go: Water goes whoosh! **What to expect:** Three miles south of Yachats, the ocean gets weird. A collapsed sea cave funnels waves many yards inland, where they burst upward in a salty geyser, sometimes as much as 20 feet in the air. I could stand at the overlook for hours, getting slowly soaked with sea spray. You can camp nearby at Cape Perpetua. **Further reading:** Search "spouting horn yachats" online.

WATCH: Top Down Rooftop Cinema

Why go: Beer, food and great movies under the stars. **What to expect:** The Northwest Film Center's annual outdoor series takes over the roof of the Hotel deLuxe parking garage (1508 SW Yamhill St.) every Thursday from July 22 through Aug. 26 to show great flicks in the open air. The series kicks off with Alfred Hitchcock's silent *Blackmail* with a live orchestra. **Further reading:** nwfilm.org.

THWACK: Portland Tennis Center

Why go: The outdoor courts (324 NE 12th Ave.) are just \$12 per day. **What to expect:** Eight outdoor courts, which were spruced up in 2009, are open from 6 am to 10 pm. If you're aching to play somewhere that doesn't reek of old socks, now's the time. **Further reading:** pdx10s.com.

Aug. 14: Portland Adult Soapbox Derby

With a mission "to stay young, yet not so young," this bone-rattling race down Mount Tabor pushes for ingenuity by allowing participants to spend only \$300 on their soapbox cars, some of which reach 35 mph in the terrifying descent. *Southeast 60th Avenue and Salmon Street*, soapboxracer.com. 10 am-4 pm Saturday. Free to watch.

Aug. 19-22: RiverFest

A family-friendly event focused on the Willamette River. The festival includes art events, Sam Adams, live music, a Portland Trail Blazers basketball clinic and opportunities to get on the water by boat. *Tom McCall Waterfront Park*, portlandriverfest.org. Most events are free.

Open Lab Computer Access From August 1st, 2010 through August 19th, 2010. Mondays through Fridays, for registered members of the Annual A World Beyond Capitalism Conference and Africa Needs Free Justice.



Open Lab

Are you a storyteller looking for a place to work, network, and share stories?

We have Mac computers with Final Cut Pro software for students to use. Please bring your own hard drive to save work, as files are deleted from computers daily.

Articles of Interest:

After the Earthquake, Haiti Can't Get a Break.

By Ezili Danto, March 2010 issue, found here: <http://www.progressive.org/dantomarch10.html>

I want the U.S. military invasion of Haiti to stop now. Soldiers are trained to kill, not provide humanitarian relief. And the U.S. military is about domination and conquest, as Haitians know too well.

We lived through a brutal U.S. military occupation from 1915 to 1934. We endured the U.S.-supported Duvalier dictatorships that followed. We saw the hands of the U.S. government in the regime changes of 1991 and 2004 that forced President Aristide from office.

The strong-arm tactics of the U.S. are on display again. Soldiers took over the airport the day after they arrived, over the objections of the Haitians working in the damaged control tower, who were pushed aside like trash.

The U.S. military is using the airport for important things, don't you see? Those buried under the rubble—hundreds of thousands of homeless Haitians who have not eaten or found clean water to drink when the mountains crumbled on them—can wait.

First, the Americans, Canadians, and Europeans who have been stuck in Haiti for two interminable days must be rescued immediately. Haitians, with nowhere to go, can wait.

The United States has blocked lifesaving first responders from landing, including Haitian doctors and nurses and other rescue teams. It is exploiting this disaster to direct Haiti's priorities and impose its own agenda.

Right now you need U.S. government clearance to land in Haiti. This is not independence. This is not self-rule.

Haitians are heartbroken and in unspeakable pain. But we are not idiots or under so much duress as to not object to the United States, Canada, and France speeding up their proxy U.N. occupation plans for taking Haitian lands and divvying up Haiti's oil, gold, iridium, and other mineral resources behind the veil of this emergency relief. The earthquake's depopulation of the coastal areas of Port-au-Prince may make that acquisition all the easier.

Haiti needs 12,000 doctors. Obama sent 12,000 troops to help us to death.

Haiti is not in conflict or at war with anyone. Haitians are not a violent people. In fact, there's more violence in Jamaica, the Dominican Republic, Brazil, Mexico, and Colombia than there is in Haiti.

And as much as the U.S media and the Pentagon wanted footage of U.S. soldiers rescuing Haitians, the people that could get saved got saved mostly by Haitians frantically using their bare hands to dig through the rubble and lift pulverized concrete in the immediate forty-eight hours after the earthquake. They did what they could to save themselves, as they have been doing since 1503 when the white settlers' "New World" began.

Go home, U.S. troops. Please.

The above is an excerpt. Ezili Danto's whole article appears on page 24 of the March 2010 issue of Progressive magazine.

The below article was found here:

http://open.salon.com/blog/ezili_danto/2010/03/12/haiti_forum_in_miami_with_hllns_ezili_danto_sat_march_13

Program and presentation summary of an HLLN [To-Tell-The-Truth-About-Haiti Forum](#) with Ezili Dantò ([Photos](#) and [Agenda](#))

Ezili Dantò of HLLN



It is the big world charity industry and security consultancies that make out like fat rats in every Haiti crisis, not the little Haiti town mayor who wants a cut of the trickle down.

Ezili's [Haitian Lawyers Leadership Network](#) ("HLLN") is the most noted group of Haitian scholars, lawyers, doctors, grassroots organizations, artists, students, human rights activists and non-Haitian solidarity activists to give Haitians and friends-of-Haiti the *Rada to Petwo* - or, generally the Warrior and Pacifist tools, narratives - the very lexicon - to defend Haiti's defenseless people from the ravages of neo-

liberalism, NGO false charity and US/Euro/UN false benevolence. One Haitian radio personality recently noted, in sum, that "*no one has written more about Haiti in recent years or documented Haiti's riches, and rich and paradoxical way of being in a more thorough and comprehensive manner than Ezili Dantò of HLLN.*"

It's more than two months after the earthquake and the media coverage seemingly has forgotten that the fleecing of aid dollars earmarked for Haiti's earthquake victims happens BEFORE the trickle down aid gets to Haiti. So, instead of focusing on the fact that less than one cent from every aid dollar collected, in the name of Haiti's pain, gets to the Haitian government, the media assist the charity and NGO industry in Haiti by focusing their reporting on the smallest of corruptions, that of the Haitian official who wants a portion of the food, water or tents actually reaching Haiti. The big crooks, the corrupt World Relief organizations, USAID, UN and their NGOs and the 10,000 charities in Haiti masturbating on Black pain in the name of "helping Haitians" get free passes.

Right now, the UN, USAID, US State Department, European Union, everyone, is anxiously weighing in on the game to rebuild Port au Prince, just as they did when Gonaives - the Northern coastal town that got flooded by hurricanes in 2004 and then again in the four back-to-back hurricanes of 2008. For us Haitians it's an old song, just different Haitians suffering and dying, different Haiti town that has crumbled, foreign reconstruction monies never rebuilds where the poorest live. That's a period, not a comma. Remember Katrina. Remember Rawanda, Remember Clinton with Rawanda, Bush with Katrina and don't forget the role of the Red Cross in both.

If one just looks back at the flooding of Gonaives, Haiti in 2004 and 2008, just at that one Haiti example, and calculate how much money was raised by the World Relief Organizations, the NGOs, the UN, US State Department consultancies, the European Union, Canada, et al, in the name of "rebuilding and bringing relief to the people of Gonaives, in those two instances combined, you'll see that conservatively more than **\$3 billion dollars** were collectively raised by these Internationals, their NGOs and private US charities to reconstruct and provide hurricane relief, flood rebuilding, food, water, medicine and shelter to the people Gonaives, Haiti. Today, the people of Gonaives are still walking on muddy roads. Little was rebuilt and the people will tell you they mostly got no help other than food and water in the first couple of weeks when the media cameras were on.

That's why at Ezili HLLN we forgo the UN, USAID, OAS donor conferences on rebuilding and reconstructing Port au Prince.

We know the story. We are the Haitians who've endured and know well the international corruption. Like most of Haiti and Haitians, one-third of our friends and colleagues perished in the January 12, 2010 earthquake.

It's not possible to absorb this unless you become more than you were on January 11, 2010. And for us, who work at the Ezili Dantò Witness Project and the Ezili HLLNetwork there are no words to capture the pain, grief and suffering especially as we've never recovered from the two Bush coup d'etat's and death squad ravages in 1991, 2004, the slaughters of the UN and imposed-Boca Raton regime from 2004 and 2006. Not to mention what was lost in hurricanes in 2004 and 2008.

One Haitian heading for Haiti who we advised to be careful, responded "I'm dead already." I supposed that's very true. For to survive and recover from such staggering, unfathomable cruelties doesn't seem possible. But, we've indeed survive US/Euro containment in poverty for centuries and overcome their donors lyrical waxing about rebuilding/reconstructing Haiti in their images since Haiti's endless Independence Debt began. We've so been through this too many times before. US/Euro aid and donor monies go to State Department cronies, former USAID-mission directors and their ex-employees who have set up NGO charities and security firms. They gobble up monies raised in the name of poor Haitians and then later on count on the mainstream media's colonial narrative on Haiti to play the "Haiti can't absorb aid" song or the "Haitian government is weak" chorus refrain or the ever racist "Haiti is corrupt and inherently violent" 206-year-old symphony.

When all is said and done it's an old story and only the Haiti neophyte, idiot or the ridiculously optimistic go to these meetings where the agenda is not set by Haitians but by foreigners looking out for themselves. At the end of the day, after shipping fees, NGO salaries and apportioning current

disaster funds for the NGO's "future disaster fund" coffers, what aid actually ends up in Haiti is mostly rotted food that doesn't reach the most needy of the poor.

The only relief that is sustainable, dignified, humane and that actually works in Haiti is Haitians helping Haitians. And that is why as a Haiti-led, Haiti capacity building organization, Ezili's HLLN is currently mobilizing help to continue our educational work, our public advocacy work, to assist the earthquake victims and long-term sustainable development.

We are on a fundraising tour with the Haiti Forum and doing teach-ins about Haiti that will provide real information about the NGO charity and World Relief/humanitarian industry in Haiti, and all over the developing world, that has, since the end of the Cold War taken on the role of pushing US foreign interests and neoliberalism abroad.

Neoliberalism and US regime change in Haiti destroys and weakens popular governments the US does not think are corporate-friendly enough and then, instead of justice being done, their charity industry rush in, as a political tool, to empower only certain voices amenable to US interests. President Aristide was twice removed, not because the US /Euros wanted to improve Haiti's human rights and corruption record, but because the US corporatocracy was angry he had raised the minimum wage and simply terrified, that like Cuba and Venezuela, he might nationalize Haiti's - oil, gas, gold, copper, iridium, uranium et al... - resources to improve the people's living standards. There's no question now, as HLLN has documented in these last 6-years of UN/US occupation, that Haiti has significant reserves of oil, gas, gold, copper, iridium, uranium, limestone, coal and other strategic mineral deposits.

In Haiti, it's the voice of the [Haitian oligarchy and the anti-Lavalas cartel](#) that is empowered by the NGO industry and USAID programs. That is what the Red Cross, World Vision, Clinton Global Initiative, Catholic Relief Services, CARE International, Save the Children, UNICEF, the UN presence, et al.. - the over 10,000 charities in Haiti - are there to institute in Haiti, not impartial relief, human rights, inclusion and dignity for the Black majority. Humanitarian aid is the tool they hide behind in order to carry out their funding-country's political, cultural and social purposes. And, of course, as well to garner huge economic profit off Haiti's poverty, misery, imposed fratricide and mostly man-made and foreign-manufactured crisis. ([US Aid Go Home!](#) by John canham-Clyne & Worth Cooley-Prost, In These Times, Jan. 8, 1996.)

Crisis that originates mostly from US/Euro neo-liberalism policies or natural disasters that are made much worst by US/Euro financial colonialism, racism, false benevolence and false charity.



[Ezili Danto](#): Biography

Ezili Dantò is an award winning playwright, a performance poet, author and human rights attorney. She was born in Port-au-Prince, Haiti, and raised in the USA. She holds a BA from Boston College, a JD from the University of Connecticut School of law. She is a human rights lawyer, cultural and political activist and the founder and president of the Ezili's Haitian Lawyers Leadership Network (HLLN). She runs the Haitian Perspectives on-line journal and the Ezili Dantò Newsletter. Ezili's HLLN is the recognized leading and most trustworthy international voice in Haiti advocacy, human rights work, Haiti news and Haiti news analysis. HLLN's work is central to those

concerned with the welfare of the people of Haiti, Haiti capacity building, sovereignty, institutionalization of the rule of law, and justice and peace without occupation or militarization. Ezili Dantò is also an educator who specializes in teaching about the light and beauty of Haitian culture; the Symbolic and Archetypal Nature of Haitian Vodun; the illegality and immorality of forcing neoliberal policies on Haiti and the developing world... For more go to the Ezili Danto/HLLM website at <http://www.ezilidanto.com>



Photo: Dinavance Kamukama, 28, front right, with her cousins in Kampala, Uganda. She is on a waiting list for AIDS medication. –

Photo Credits: Tyler Hicks/The New York Times

At Front Lines, AIDS War Is Falling Apart,

Published May 9th, 2010 by the New York Times.

By **DONALD G. McNEIL Jr.**

KAMPALA, Uganda — On the grounds of Uganda's biggest AIDS clinic, Dinavance Kamukama sits under a tree and weeps.

Her disease is probably quite advanced: her kidneys are failing and she is so weak she can barely walk. Leaving her young daughter with family, she rode a bus four hours to the hospital where her cousin Allen Bamurekye, born infected, both works and gets the drugs that keep her alive.

But there are no drugs for Ms. Kamukama. As is happening in other clinics in Kampala, all new patients go on a waiting list. A slot opens when a patient dies.

“So many people are being supported by America,” Ms. Kamukama, 28, says mournfully. “Can they not help me as well?”

The answer increasingly is no. Uganda is the first and most obvious example of how the war on global AIDS is falling apart.

The last decade has been what some doctors call a “golden window” for treatment. Drugs that once cost \$12,000 a year fell to less than \$100, and the world was willing to pay.

In Uganda, where fewer than 10,000 were on drugs a decade ago, nearly 200,000 now are, largely as a result of American generosity. But the golden window is closing.

Uganda is the first country where major clinics routinely turn people away, but it will not be the last. In Kenya next door, grants to keep 200,000 on drugs will expire soon. An American-run program in Mozambique has been told to stop opening clinics. There have been drug shortages in Nigeria and Swaziland. Tanzania and Botswana are trimming treatment slots, according to a report by the medical charity Doctors Without Borders.

The collapse was set off by the global recession’s effect on donors, and by a growing sense that more lives would be saved by fighting other, cheaper diseases. Even as the number of people infected by AIDS grows by a million a year, money for treatment has stopped growing.

Other forces made failure almost inevitable.

Science has produced no magic bullet — no cure, no vaccine, no widely accepted female condom. Every proposal for controlling the epidemic with current tools — like circumcising every man in the third world, giving a daily prophylactic pill to everyone contemplating sex or testing billions of people and treating all the estimated 33 million who would test positive — is wildly impractical.

And, most devastating of all, old-fashioned prevention has flopped. Too few people, particularly in Africa, are using the “ABC” approach pioneered here in Uganda: abstain, be faithful, use condoms.

For every 100 people put on treatment, 250 are newly infected, according to the United Nations’ AIDS-fighting agency, Unaid.

That makes prospects for the future grim. Worldwide, even though two million people with the disease die each year, the total keeps growing because nearly three million adults and children become infected.

Even now, the fight is falling short. Of the 33 million people infected, 14 million are immuno-compromised enough to need drugs now, under the latest World Health Organization guidelines. (W.H.O. guidelines are conservative; if all 33 million were Americans, most clinicians would treat them at once.)

Instead, despite a superhuman effort by donors, fewer than four million are on treatment. Just to meet the minimal W.H.O. guidelines, donations would have to treble instead of going flat.

Uganda is a microcosm of that: 500,000 need treatment, 200,000 are getting it, but each year, an additional 110,000 are infected.

“You cannot mop the floor when the tap is still running on it,” said Dr. David Kihumuro Apuuli, director-general of the Uganda AIDS Commission.

Some battles will still be won. Middle-income countries with limited epidemics, like India, Brazil and Russia, can probably treat all their patients without outside help. China almost certainly can. South Africa might; it has a raging epidemic but is rich by African standards.

But for most of Africa and scattered other countries like Haiti, Guyana and Cambodia, it seems inevitable that the 1990s will return: walking skeletons in the villages, stacks of bodies in morgues, mountains of newly turned earth in cemeteries.

As he tours world capitals seeking donations, Dr. Michel D. Kazatchkine, executive director of the Global Fund to Fight AIDS, Tuberculosis and Malaria, said he had become “hugely frustrated.”

“The consistent answer I hear is: ‘We love you, we hear you, we acknowledge the fund’s good results, but our budget is tight, our budget is cut, it’s the economic crisis.’ ”

No commander in the global fight openly concedes that the war is over, but all admit to deep pessimism.

“I don’t see the cavalry riding to the rescue,” said Dr. Anthony S. Fauci, an AIDS researcher who leads one of the National Institutes of Health.

“I’m worried we’ll be in a ‘Kampala situation’ in other countries soon,” said Ambassador Eric Goosby, the Obama administration’s new global AIDS coordinator.

“What I see is making me very scared,” agreed Michel Sidibé, executive director of Unaid. Without a change of heart among donors, Mr. Sidibé said, “the whole hope I’ve had for the last 10 years will disappear.”

Donors give about \$10 billion a year, while controlling the epidemic would cost \$27 billion a year, he estimated.

His predecessor, Dr. Peter Piot, said he had seen optimism soar and then fade.

Hopes rose from 2001 to 2003 when cheap generic antiretroviral drugs became available, Secretary General Kofi Annan of the United Nations formed the Global Fund and President George W. Bush initiated the President’s Emergency Plan for AIDS Relief, or PEPFAR.

“Then, we were at a tipping point in the right direction,” Dr. Piot said. “Now I’m afraid we’re at a

tipping point in the wrong direction.”

AIDS2031, a panel he convened to look ahead to the epidemic’s 50th anniversary, issued a pessimistic report in November that concluded: “Without a change in approach, a major epidemic will still be with us in 2031.” Because of population growth, it said, there may still be two million new infections a year even then.

According to the Uganda AIDS Commission, the lifetime bill for treating one Ugandan AIDS patient, counting drugs, tests and medical salaries, is \$11,500.

Donors have decided that is too much, that more lives can be saved by concentrating on child-killers like stillbirth, pneumonia, diarrhea, malaria, measles and tetanus. Cures for those killers, like antibiotics, mosquito nets, rehydration salts, water filters, shots and deworming pills, cost \$1 to \$10.

Under its new Global Health Initiative, the Obama administration has announced plans to shift its focus to mother-and-child health. The AIDS budget was increased by only 2 percent.

“The political winds have changed,” said Sharonann Lynch, chief author of the Doctors Without Borders report. “And I don’t believe for a minute it’s just the economic downturn. I think world leaders feel the heat is off and they’re fatigued.”

American taxpayers have been particularly generous to Uganda, paying for 88 percent of its drugs; Ugandans know it.

Karen Morgan, an American who runs a laboratory at the hospital where Ms. Kamukama was turned away, said: “Just today, a patient came up to me in the parking lot and said, ‘Thank you, American.’ I said, ‘For what?’ He said ‘For my medicine. You care if I live or die.’ ”

Nearby, in a tent on the hospital lawn, Moses Nsubuga, a D.J. known as Supercharger, rehearsed his troupe, the Stigmaless Band, composed entirely of teenagers on AIDS drugs.

One of their songs is “America, Thank You So Much.”

The loss of donor interest “makes me frantic with worry,” Dr. Mugenyi said. “Once word spreads that there is no treatment, people do what they did in the past: go to the witch doctors and buy fake treatments.”

He offers copies of e-mail messages he exchanged with American aid officials. One reminds him that he has been instructed to stop enrolling new patients and asks for an explanation of reports that he is treating 37,000 when only 32,000 are authorized. Another asks him not to announce publicly that his funds have been frozen.

He admits slipping pregnant women and young mothers like Ms. Kamukama into treatment slots “contrary to instructions.”

“Morally, I can’t turn them away,” he said.

He has another reason. Family members like Ms. Kamukama and her cousin will often share one set of pills, an act of love that leads to disaster. Incomplete treatment means both will probably die, but may first develop drug-resistant AIDS and pass it on.

American officials who spoke on the condition of anonymity confirmed the financing freeze.

“The decision was made late in the Bush administration to cap Uganda at \$280 million,” one said. “That’s an industrial amount of money.”

United States Embassy officials debated adding \$38 million, he said, but cabinet-level Ugandan ministers had been caught stealing from other donors and, though forced to repay the money, were not jailed. The government “hasn’t shown the leadership or commitment to transparency to earn additional funds,” the official added.

Also, he said, Uganda contributes too little. Oil was recently discovered near Lake Albert and the government promised to spend the royalties on roads and electricity, but did not mention AIDS.

“And now the paper says they’re buying Russian jets,” another official added with obvious disgust. Uganda is negotiating for a \$300 million squadron of Sukhoi fighter-bombers.

For doctors on the front line, the frustration is palpable.

Dr. Natasha Astill is a British AIDS specialist working at a hospital on the edges of the Bwindi Impenetrable Forest, in a mountain valley with pygmy settlements close by fancy gorilla-tourist lodges. It is so remote that the drugs that reached Kampala in 2003 did not get here until 2007.

After a long day in which she and a nurse saw 118 patients, many huddling together in the examining room to avoid the storm pounding on the tin roof, she broke down in tears. All day she told subsistence farmers she could not, for example, treat the white fungal thrush filling their mouths unless they could pay \$1 a day — more than they earn.

She can still give free antiretrovirals to a few; while her hospital’s American funds are frozen, it still gets some drugs from the Ugandan Ministry of Health and cash gifts from wildlife tourists and the singer Elton John. But soon this hospital, too, will make a waiting list.

“It makes me angry,” she says. “It feels horrible. Sometimes you wonder if you’re doing people favors. You start them on drugs, you give them hope, and then you’re not sure you can keep it up. We all knew these drugs are for life.”

End of Article.

[Click here to see to see the video.](#)

[Click here to see over 16 more photos of the AIDS crisis in Uganda.](#)

Call to the People and Governments of the World

Stop AIDS Genocide By the Drug Cartel

The below excerpt is found here: http://www4.dr-rath-foundation.org/open_letters/open_letter_2005_05_06.htm

GEORGE BUSH

The drug industry was the single largest funder of George Bush's election campaigns. As a pay-back and in order to promote ARV drugs across Africa, George Bush channeled 15 billion dollars of tax payer money to Africa under the name of 'Presidential Emergency Plan for AIDS Relief.

These huge funds can not be used for any natural therapeutic approaches to fight the AIDS epidemic. These billions are nothing more than a subsidy for drug companies, promoting their toxic, unaffordable drugs to malnourished people in Africa.

TONY BLAIR / GORDON BROWN

The unscrupulous global 'business with disease' of the drug cartel is orchestrated from two countries, the UK and the US, which force patented drugs on the people of 200 nations. Revenues of the UK-based drug company GlaxoSmithKline - producer of the AIDS drug AZT - is more than the combined economies of the 50 poorest countries of Africa. Tony Blair's multi-billion 'Marshall Plan for Africa,' has been designed to coerce African decision makers to continue their dependency on the drug cartel and prevent the liberation of their people and economies by implementing health care based on natural therapies.

THE WORLD BANK

Paul Wolfowitz, one of the fiercest executors of the drug cartel, has just been appointed head of the World Bank. He immediately announced pouring billions more into Africa to fight AIDS with pharmaceutical drugs. The obvious goal: cementing the monopoly of the drug cartel and keeping the economies of African countries hostage.

UN (WHO / UNAIDS)

The World Health Organisation and other UN-organizations founded half a century ago to serve the people of the world have been strategically infiltrated by the drug cartel. These UN-organizations are used to promote toxic, expensive AIDS drugs that cannot cure AIDS while at the same time seeking a global ban on natural health.

US INSTITUTE OF MEDICINE

The goal is to keep the entire African continent hostage by the drug cartel and economically dependent on the investment groups behind it. In order to execute this plan, the US government, through the US Institute of Medicine, is currently organizing to send thousands of doctors, pharmacists and other promoters of ARV drugs to Africa. The 200-page masterplan for this unprecedented 'Drug Crusade' to 'enslave' millions of people of Africa on behalf of the drug cartel is [published on the Internet here](#).

'TROJAN HORSES' OF THE DRUG CARTEL INSIDE SOUTH AFRICA

The drug cartel is also channeling millions to its 'Trojan horses' inside South Africa to exert political pressure on the government to purchase ARV drugs from drug multinationals, i.e.:

- The Democratic Alliance, a political opposition party, campaigning for 'Free ARV drugs for All!' is not even denying its funding by the drug cartel.
- Pressure groups and other 'storm troopers' of the drug cartel are funded to organize street riots calling for a 'revolution' against the South African government.

